BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

31st Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

CELEBRATING

Teachers

THIS MONTH!

Because every day is brighter thanks to you.

You don't just teach lessons,
you touch lives.
You plant seeds of curiosity,
nurture dreams and help them rise.

You see the potential,
even when we can't.
You believe in us,
when we doubt ourselves.

You inspire. You guide.
You're our cheerleader,
our mentor and our light.
You make ordinary moments
extraordinary.

Thank you for your patience,
your kindness and your endless
dedication.
You shape not just minds,
but hearts for a better tomorrow.

To teach
is to touch
a life forever.

This is more than a month of appreciation—
it's a celebration of you!

♥ Thank you for being the reason behind so many success stories. ♥

♥ Happy Teachers' Month! ♥

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
THE BCM EDGE
01st Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

Nature Walk

Explore. Discover. Connect.

Stepping beyond the classroom walls and into the lap of nature, the little learners of Nursery embarked on a delightful **Nature Walk**.

With sparkling eyes and eager hearts, the children set out to explore the beautiful sights, sounds, colours and textures around them.

They observed green trees, colourful flowers, birds and butterflies. They touched soft leaves, felt the grass and collected fallen leaves and flowers.

The teacher introduced them to different colours and sounds of nature.

Children enjoyed the fresh air and sunshine and learned to love and care for plants.

The refreshing walk was full of curiosity, joy and wonder.

Learning Outcomes

- Developed observation and sensory skills
- Enhanced vocabulary related to nature
- Improved connection with the natural environment

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION
THE BCM EDGE
31st Sept' 26 — LEAD360 - EXPLORE, EXPRESS, EXCEL — Tuesday

Before we CORRECT, Let us CONNECT

Understanding today, nurturing tomorrow.

By
Kanwar Priyanka Singh
(Special Educator)

Children do not always express their feelings in words. Sometimes their behaviour is their way of telling us that they need help, understanding, patience or more connection. As a Special Educator, I believe that when we **connect** with our children, we can **guide** them better, **support** them better and help them **grow** into confident, kind and responsible individuals.

BEHIND EVERY BEHAVIOUR, there is a feeling.

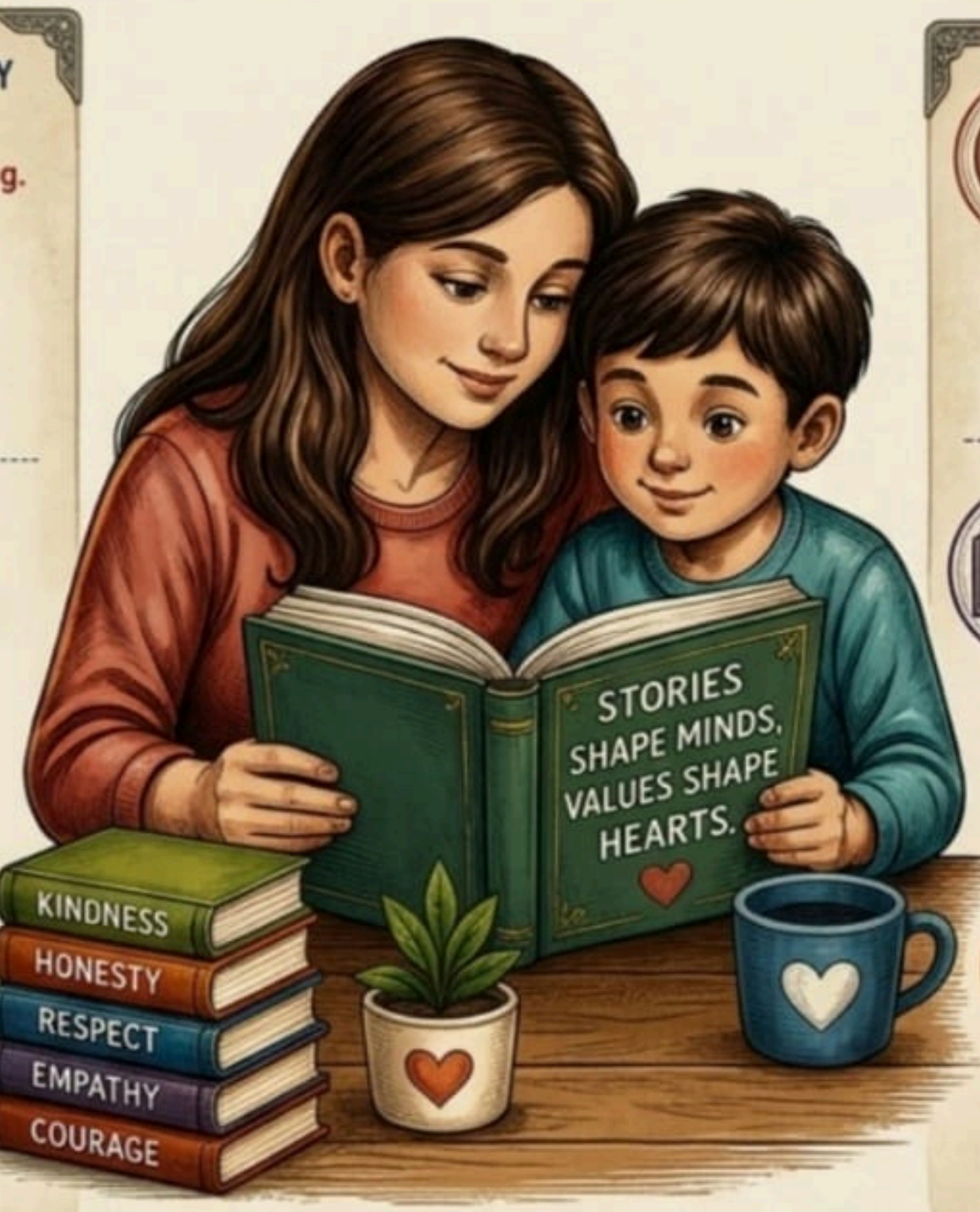
A child who refuses to write, keeps disturbing or avoids work may not be disobedient. They may be struggling with something we cannot see.

BE CURIOUS, NOT CRITICAL.

Instead of asking "Why are you behaving like this?" ask "What is happening with you?"

CONNECT BEFORE YOU COURAGE.

A child who feels seen, heard and understond is more ready to listen, learn and improve.



TIME TOGETHER MATTERS MOST.

It is not about how much we give, but how much of ourselves we give to our children.

READ TOGETHER. GROW TOGETHER.

Stories open the door to conversations that build values like kindness, honesty, courage and empathy.

VALUES ARE CATCHED, NOT TAUGHT.

Children learn more from what we do than what we say.

A short story, a few meaningful questions, a warm conversation and some quality time can build strong relationships and strong character.

Small moments today shape better human beings tomorrow.

BCM SCHOOL

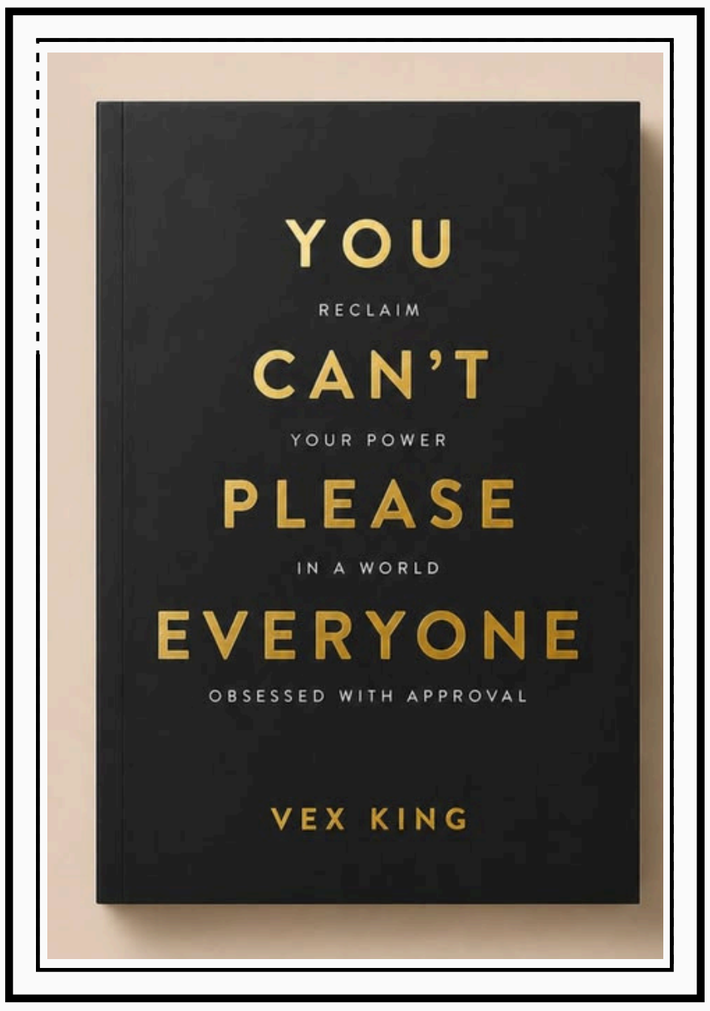
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

31st Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Tuesday

BOOK RECOMMENDATION :

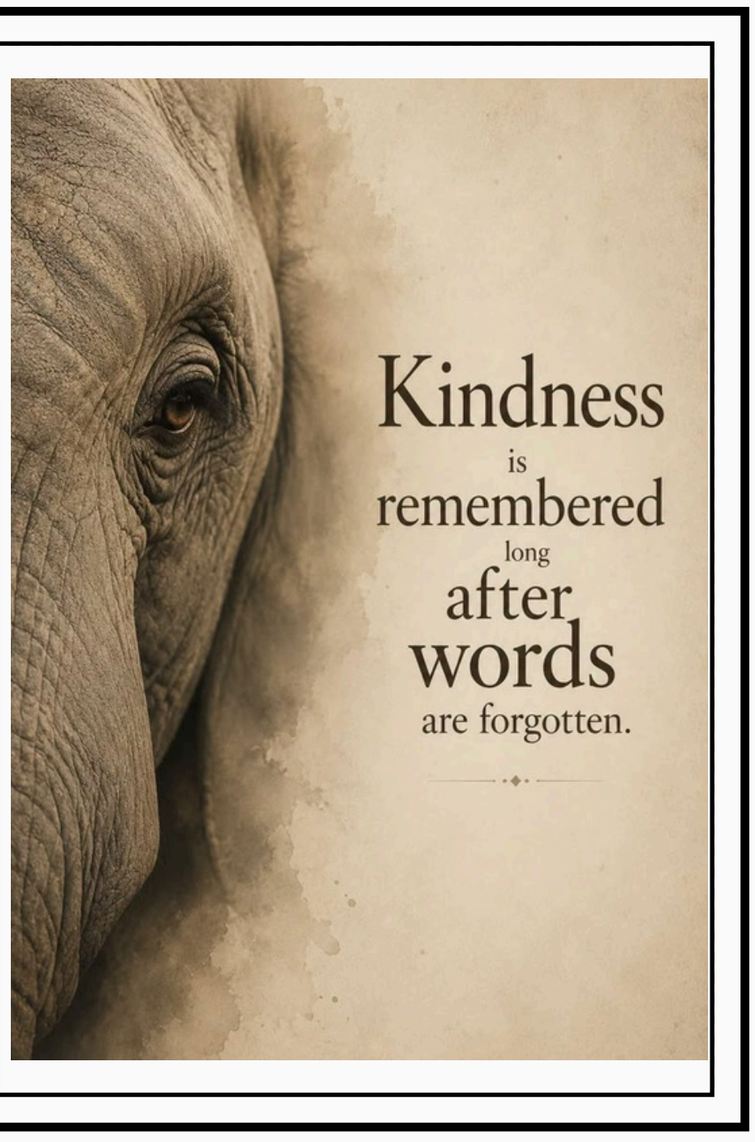
YOU CAN'T PLEASE EVERYONE



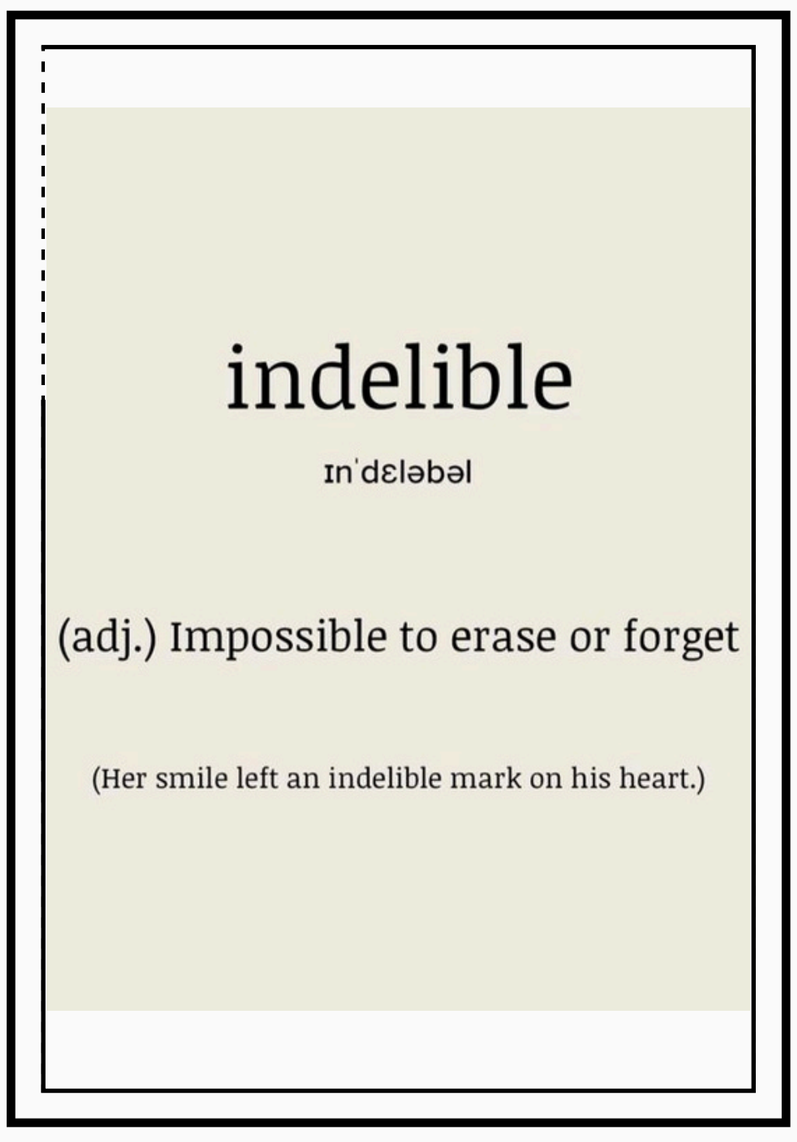
You Can't Make Everyone Happy by Vex King is a refreshing reminder that trying to please everyone can leave us exhausted, confused and disconnected from our own happiness. The book encourages readers to understand that not every opinion deserves our attention and that setting healthy boundaries is not selfish—it is necessary. What makes the message particularly meaningful is its simplicity: we cannot control how others perceive us, but we can control how we respond. The book inspires readers to let go of unnecessary guilt, embrace their individuality and focus on what truly matters.

A thoughtful and empowering read for anyone who struggles with people-pleasing, overthinking or seeking constant approval. A gentle reminder to choose peace over perfection and authenticity over approval.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

02nd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

SPECIAL ASSEMBLY for Teacher's Day

Honouring the guiding lights who inspire,
nurture and shape our journey.

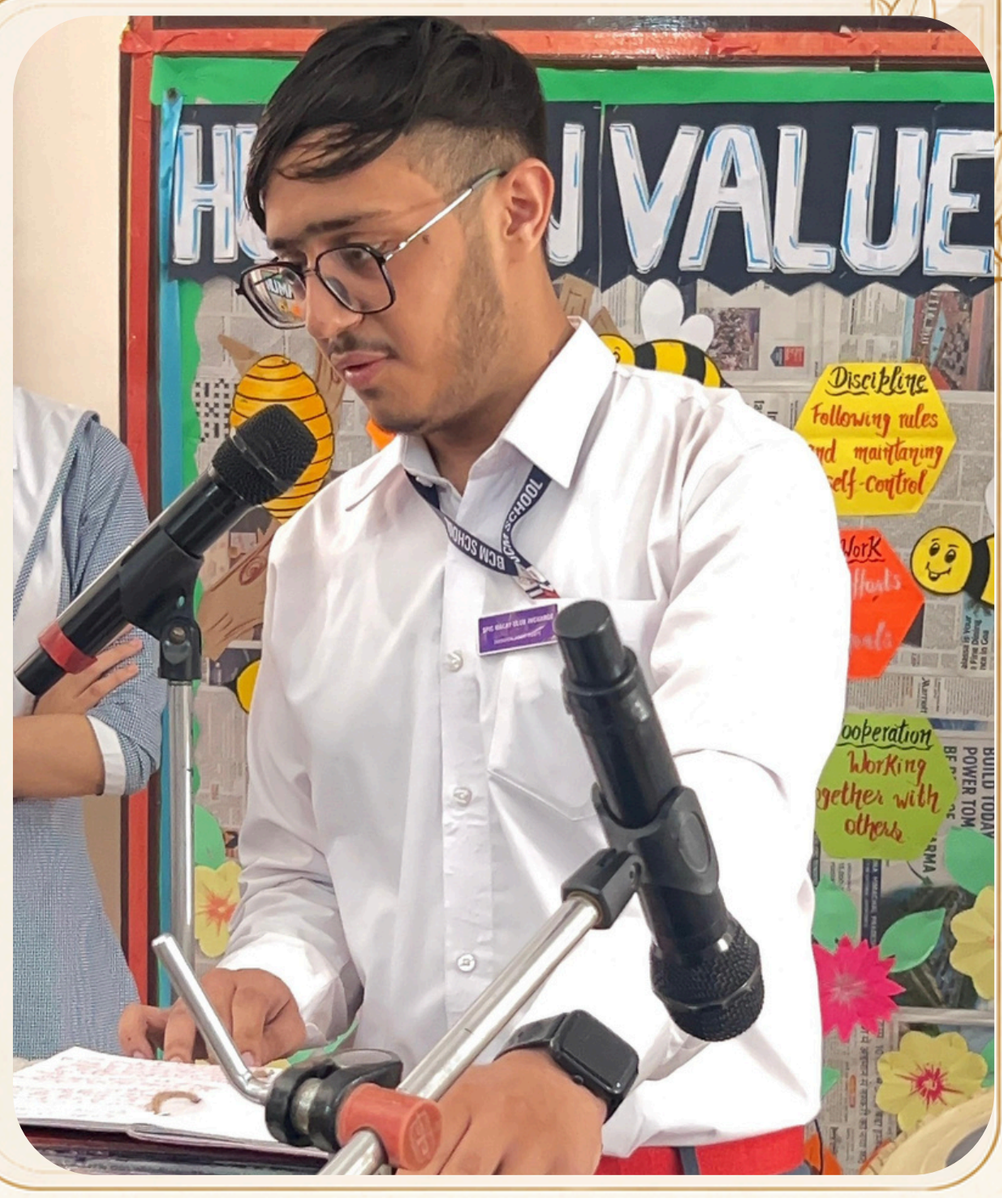
AS WE BEGIN THE MONTH OF SEPTEMBER...

We celebrate the selfless role of teachers in our lives.
Today, we express our gratitude to those who teach us not just lessons,
but values, dreams and the strength to become our best.

गुरू ब्रह्मा गुरू विष्णु
गुरू देवो महेश्वरः ।
गुरू साक्षात् परब्रह्म
तस्मै श्री गुरवे नमः ॥

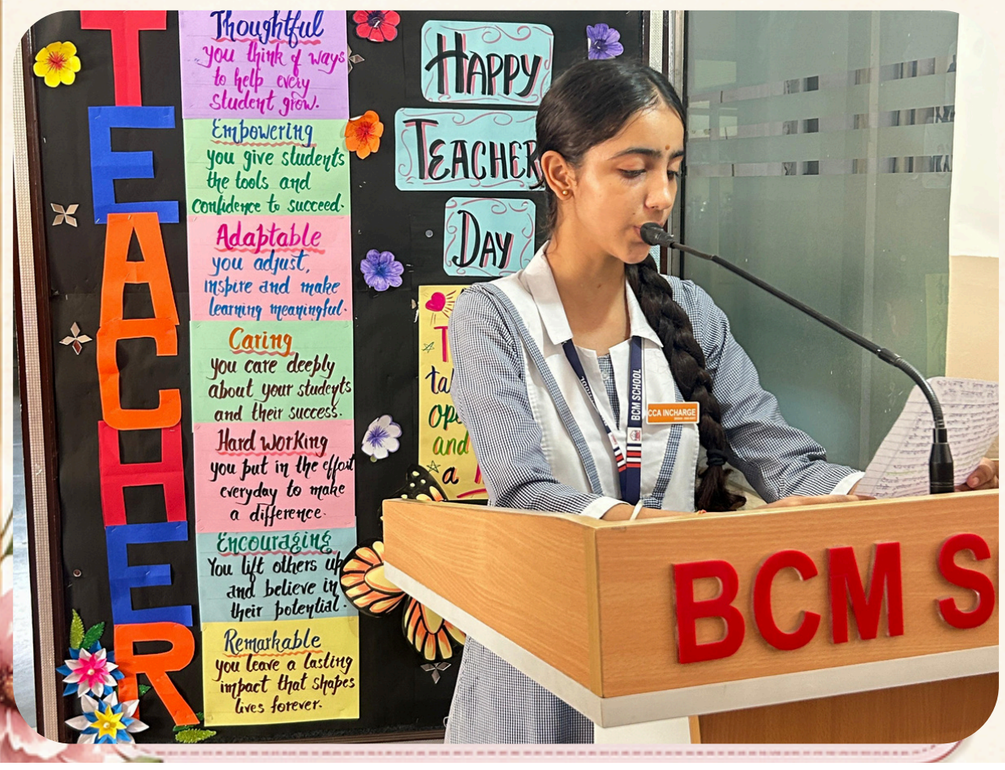
अर्थ (Meaning)

गुरू ही सृष्टि के रचयिता (ब्रह्मा),
पालनकर्ता (विष्णु) और संहारकर्ता (महेश्वर) हैं।
गुरू ही साक्षात् परब्रह्मा (परम सत्य) के स्वरूप हैं।
ऐसे गुरू कों मैं सादर प्रणाम करता/करती हूँ।



एक छात्र की नज़र से...

गुरू हमें सिर्फ ज्ञान ही नहीं देते,
बल्कि हमारे जीवन को सही दिशा देते हैं।
वे अज्ञानता के अंधकार को दूर करके,
हमें सफलता और सद्गुणों के प्रकाश की ओर ले जाते हैं।
गुरू हमारे जीवन के मार्गदर्शक, प्रेरणास्रोत
और सच्चे हितैषी होते हैं।



Inspirational Talk on the life of J.K. ROWLING

by Ms. Isha Mehta

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

02nd Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Wednesday

A FRUITFUL INTERACTION AHEAD OF

TEACHER'S DAY

An enlightening interaction with

Mr. Sunil Kant Munjal,

Chairman, BCMF And Hero Enterprise

All schools under the Munjal Group were part of this meaningful engagement.

THE GATHERING WAS ADDRESSED BY

- **Mr. Amitava Ghosh** — DIRECTOR, SCHOOL EDUCATION
- **Mr. S.K. Rai**
- **All Principals**

10 KEY TAKEAWAYS

01 HOLISTIC EDUCATION
Focus on developing the whole person – values, character, empathy and quality of life.

02 CROSS-DISCIPLINARY LEARNING
Break boundaries between subjects to create a more connected and meaningful learning experience.

03 EMPATHY & SOCIAL RESPONSIBILITY
Encourage students to engage in social work, especially with the disadvantaged, to build compassion and understanding.

04 SELF-MOTIVATION & INDEPENDENCE
Nurture self-starters who take initiative, think independently and learn to rely on their own strengths.

05 VALUES & ETHICAL LEADERSHIP
Instill value-based leadership and help students navigate moral dilemmas with integrity and responsibility.

06 LEARNING BEYOND CLASSROOMS
Learning happens everywhere. Encourage curiosity, the right questions and practical experiences in real life.

07 CULTURE OF EXPERIMENTATION
Promote a mindset where failure is accepted, learning is celebrated and trying is recognized.

08 PREPARE FOR THE FUTURE
Equip students with future-ready skills, help them leverage their natural strengths and prepare them for life.

09 STAY CONNECTED TO THE WORLD
Education must keep students aware, informed and engaged with what's happening globally.

10 GRATITUDE & HUMANNESS
Always value kindness, gratitude and the human touch in an increasingly technological world.

> "Let us build schools that build *character*, create *leaders*, and shape a society we all aspire to live in."

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

02nd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

LITTLE LEARNERS SORT, IDENTIFY & DISCOVER THE ANIMAL WORLD

Young learners explored the fascinating world of animals through an engaging and hands-on "Sort the Animals" activity. Designed to strengthen their understanding of domestic and wild animals, the activity encouraged children to observe, identify and classify different animals using colourful pictures and animal toys.

With enthusiasm and curiosity, the little learners carefully examined each animal and placed it under the appropriate category—Domestic Animals or Wild Animals. Through this simple yet meaningful activity, children learned that domestic animals live with or around humans, while wild animals live in their natural habitats.

The activity provided an enjoyable learning experience while nurturing observation, identification, sorting and classification skills. It also helped children expand their vocabulary, improve their speaking skills and develop a better understanding of the animal world through experiential learning.

Learning Outcome:

Students identified, named and differentiated between common domestic and wild animals while developing observation, classification, vocabulary and communication skills.

BCM SCHOOL

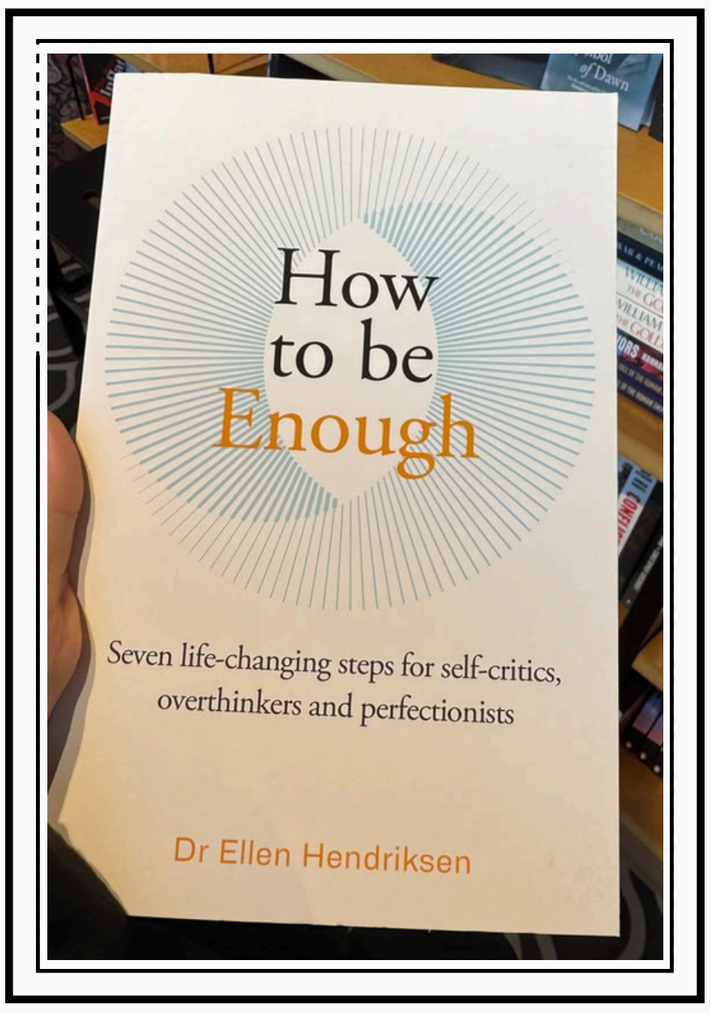
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

02nd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

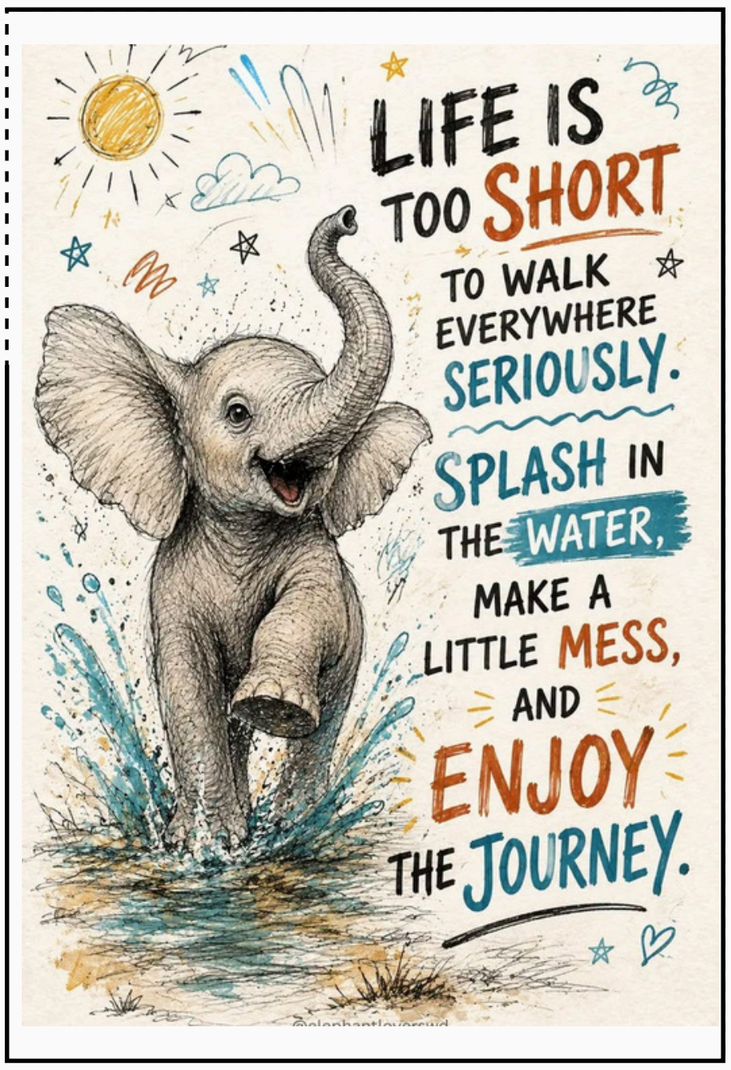
BOOK RECOMMENDATION :

HOW TO BE ENOUGH

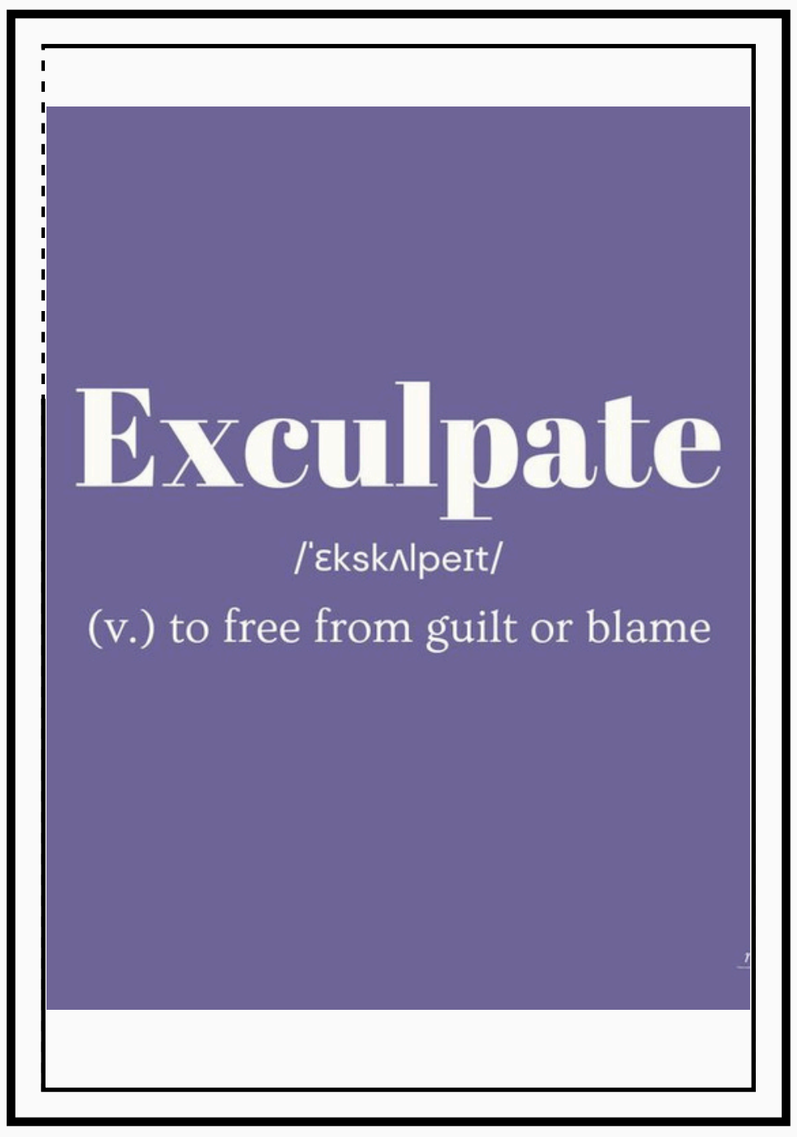


How to Be Enough is a thoughtful and empowering book that gently challenges the belief that we need to achieve more, please others, or constantly improve ourselves to feel worthy. With warmth and honesty, the book encourages readers to step away from comparison, perfectionism and the pressure to prove themselves. Its central message—that our worth is not determined by accomplishments, appearance or others' approval—is both comforting and liberating. The author inspires readers to embrace their imperfections, set healthier boundaries and cultivate self-acceptance. What makes the book especially relatable is its reminder that being "enough" is not a destination but a mindset we can practise every day. A meaningful read for anyone seeking greater confidence, self-compassion and inner peace, How to Be Enough leaves readers with a powerful reminder: you do not have to become more to deserve being valued.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

03rd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

Proud Moment for Our School!

OUR CHAMPIONS

RULE THE COURT!

Proud to share that **Arjandeep Singh** of Class VIII Jasmine and **Navkaran Singh** of **Class VII Daisy,** along with their team, have secured 1st Position in the

DISTRICT BASKETBALL TOURNAMENT

NAVKARAN SINGH
CLASS VII
DAISY

ARJANDEEP SINGH
CLASS VIII
JASMINE

Teamwork Drives Dreams!

A moment of great pride for our school!
Heartiest congratulations to the students and the entire team on this **शानदार** achievement.

Coach
Mr. BR Nayak

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

03rd Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Thursday

EXPLORING NEW FRONTIERS FOR STEAM

OPPORTUNITIES FOR SENIOR SCHOOL STUDENTS

with Mr. Sushil

In today's evolving world, STEAM—Science, Technology, Engineering, Arts and Mathematics—encourages students to think critically, innovate, solve real-world problems and explore global opportunities.

The **STEAM Competition & Programme Compass 2026** highlights several prestigious opportunities for Classes XI and XII.

IRIS NATIONAL FAIR

IRIS provides a platform for students to showcase original, data-backed STEM research and offers a pathway to Regeneron ISEF. Students can participate individually or in teams of two.

2026 Submission Window: 1 Aug – 3 Oct 2026

BREAKTHROUGH JUNIOR CHALLENGE

This global competition challenges students aged 13–18 to create a two-minute science-explainer video in Physics, Mathematics or Life Sciences.

Submission Deadline: 15 Sept 2026
$250,000 scholarship for the student winner.

IMPERIAL STEMATHON

Students of Grades 10–12 work in teams to solve real-world challenges linked to the UN Sustainable Development Goals. The programme combines innovation, teamwork and communication.

Grand Finale: Mumbai, Nov 2026

NEXT GENIUS SCHOLARSHIP

For Class XII students, this programme offers full or partial multi-year tuition scholarships at partner US liberal arts colleges. Selection focuses on critical thinking, leadership and merit.

Registration Open Until: 1 Jan 2027

RSI-INDIA

Class XI students can aspire to the fully funded six-week research programme at IISc Bengaluru. Though the 2026 application cycle has concluded, students can prepare for the next cycle by developing their academic and research profiles.

BUILDING A CULTURE OF INNOVATION

These opportunities go beyond competitions—they inspire students to question, research, communicate, collaborate and innovate. At BCM, such platforms encourage young learners to transform ideas into meaningful solutions and confidently explore national and international opportunities.

BCM SCHOOL

BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

03rd Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Thursday

SPIC MACAY & HERITAGE CLUB

An Engaging Session on

Indian Classical Music

An engaging session on Indian Classical Music was conducted under the **SPIC MACAY** & **Heritage Club**. The students were introduced to the basic concepts of **Raag Malkauns** and **Dadra Taal** in an interesting and interactive manner.

Students gained knowledge about the characteristics and mood of Raag Malkauns and were introduced to the Dadra Taal, including its rhythmic pattern. The session also encouraged students to **listen, participate** and **appreciate** the richness of Indian classical music.

BCM SCHOOL

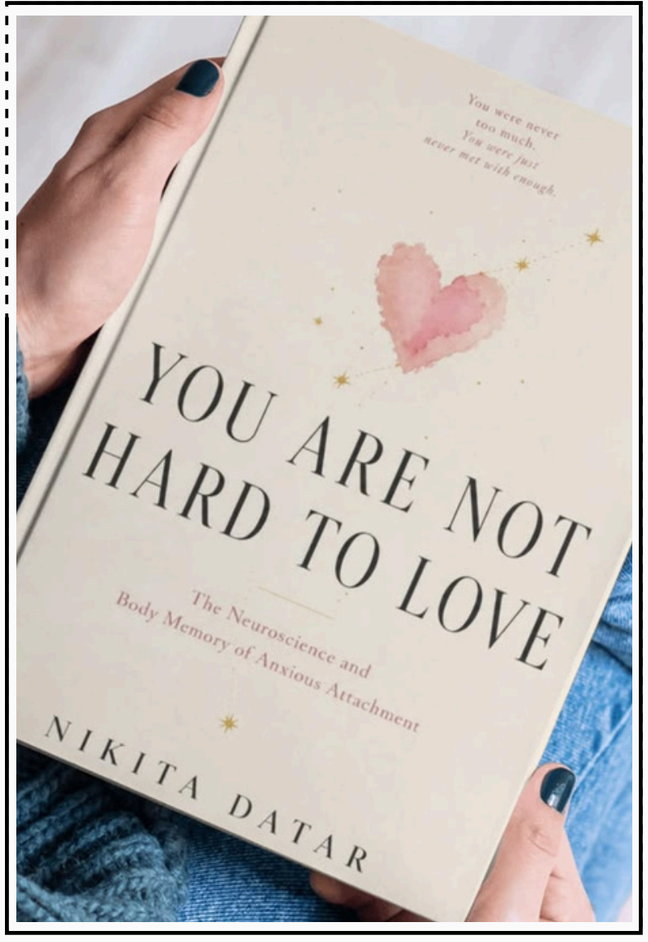
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

03rd Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

BOOK RECOMMENDATION :

YOU ARE NOT HARD TO LOVE



You Are Not Hard to Love by Nikita Datar is a deeply reflective book that explores love, self-worth, emotional patterns, and the fear of not being enough. It beautifully reminds readers that struggling with attachment or seeking reassurance does not make them difficult to love. Through an insightful blend of emotional experiences and psychological understanding, the book encourages readers to recognise unhealthy patterns, understand themselves better, and develop greater self-compassion. What makes the book especially meaningful is its gentle, reassuring tone—it does not simply offer answers but invites readers to pause and listen to themselves. It is a thoughtful recommendation for anyone navigating relationships, self-doubt, or the journey towards emotional healing. Most importantly, it leaves readers with a powerful reminder: you were never too much—you were simply human.

THOUGHT OF THE DAY

WORD

EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

04th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Friday

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

04th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Friday

विशेष प्रस्तुतिः कालीन सभा

गूंज उठा श्री कृष्ण की बाँसुरी

मधुर भजन और भक्ति से

जब मन में भक्ति हो और कंठ में नाम हो,
तो वातावरण अपने आप पावन हो जाता है...
आज की विशेष सभा में, श्री कृष्ण की लीलाएँ,
मधुर भजनों और आत्मीय भावों ने
पूरे विद्यालय को भक्ति में सराबोर कर दिया।

श्री कृष्ण की मधुर लीलाएँ

भक्ति की यही पहचान है,
संगीत में भगवान, और जीवन में सम्मान है।

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION
THE BCM EDGE
04th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Friday

झांकियों में सजी कृष्ण लीला

जीवंत हुई भक्ति भावना

मधुर भजनों और भक्ति से गूंज उठा पूरा वातावरण

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

05th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Saturday

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD

Thank You for inspiring minds, nurturing dreams and building a better tomorrow.

WISHES ALL TEACHERS A VERY

Happy Teachers' Day

You don't just teach...
You Transform Lives.

BCM School is Proud of You!

Thank you for your endless dedication, patience,
and the beautiful difference you make every single day.

YOU ARE THE HEART OF EDUCATION.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

05th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

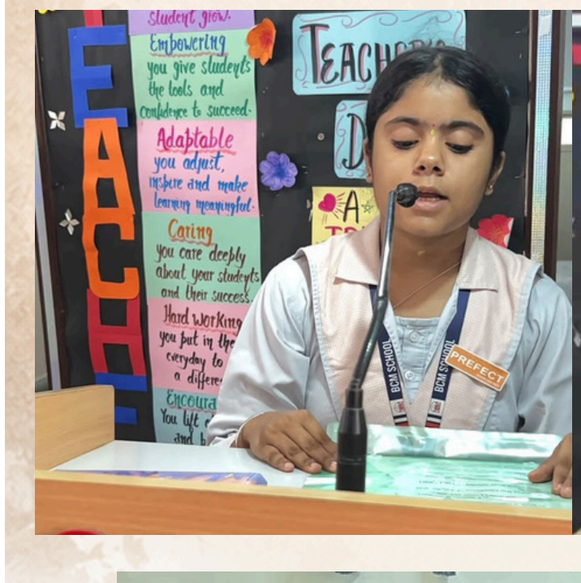
BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

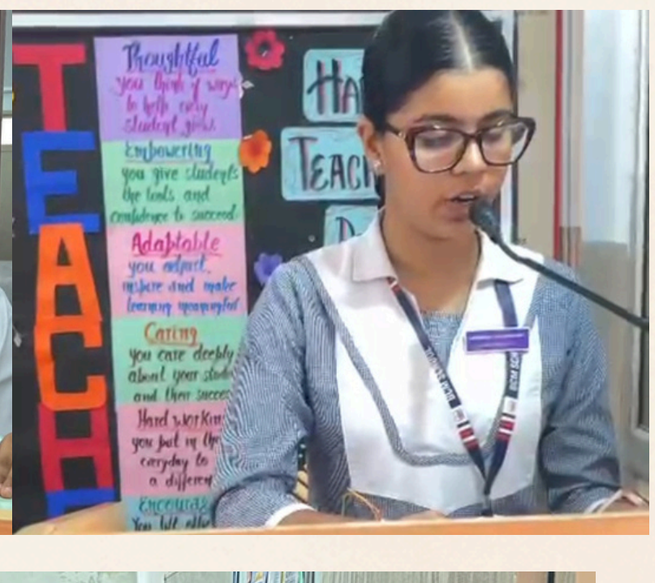
THE BCM EDGE

05th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

«"Today, let every student take a moment to thank their teachers—not just those teaching in the classroom, but every guardian angel who stands at the gate, manages traffic, tends to a child in the medical room, or quietly ensures that every school day runs smoothly. Wherever duty calls, a teacher is there—with care, commitment and compassion."

— Ms. Gurpreet Kaur, Dean, Administration





A Heartfelt Gratitude TO OUR TEACHERS

Today, we pause to thank the guiding lights who shape minds, nurture dreams and inspire us to be better every single day.

- Thank you for believing in us.
- Thank you for your endless patience.
- Thank you for your unwavering support.
- Thank you for being our mentors, motivators and change-makers.

Your dedication. Your care.
Your impact lasts a lifetime.

BCM SCHOOL

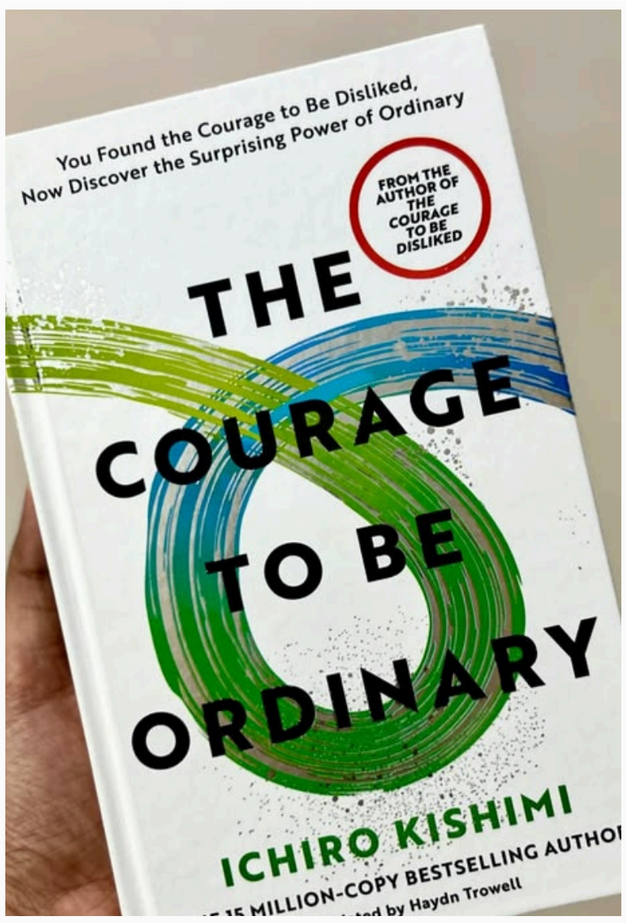
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

05th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

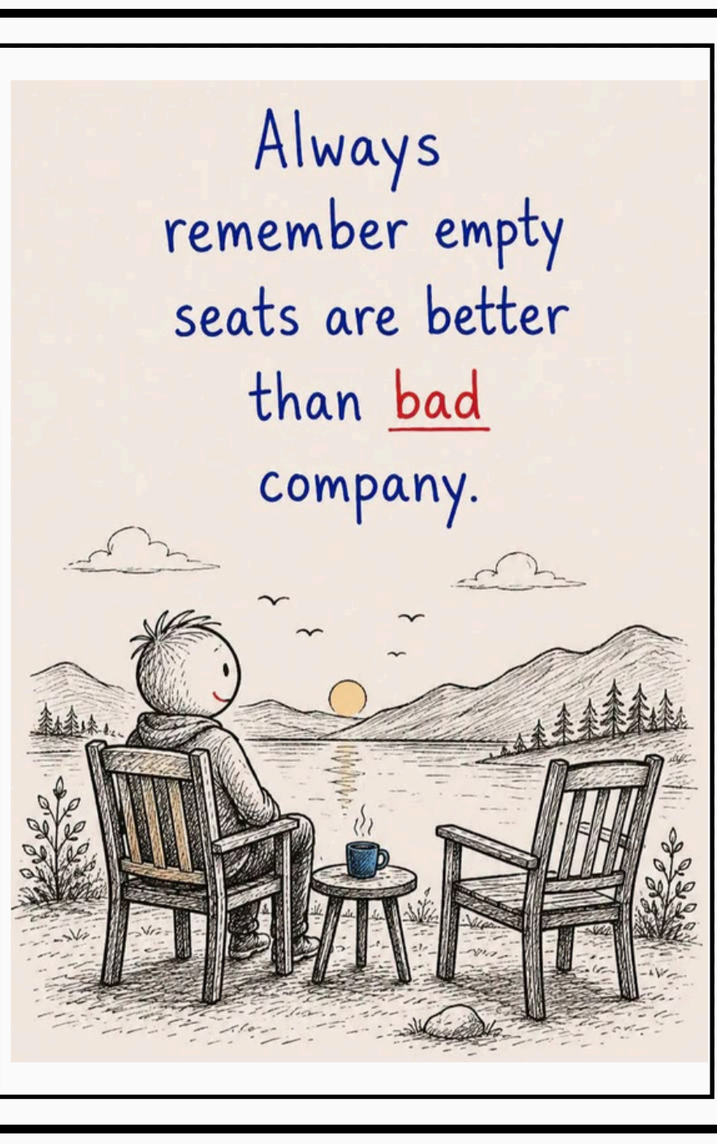
BOOK RECOMMENDATION :

THE COURAGE TO BE ORDINARY

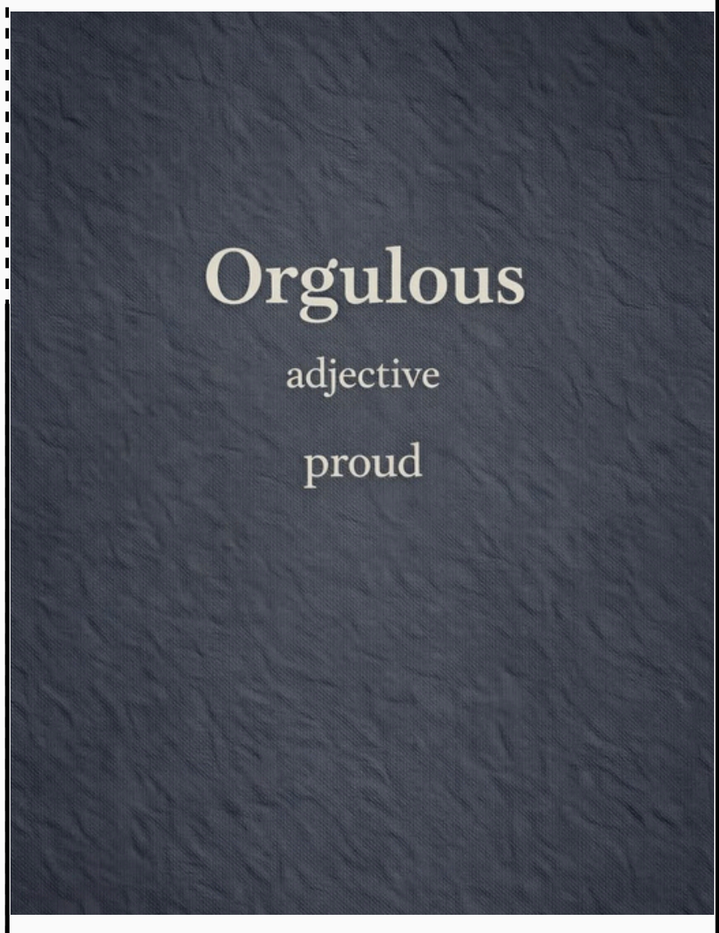


The Courage to Be Ordinary is a thought-provoking book that challenges the pressure to be extraordinary. In a world obsessed with achievement, recognition, and comparison, it reminds readers that there is beauty in living an authentic, meaningful, and ordinary life. The book encourages us to stop measuring our worth through success or others' expectations and instead embrace simplicity, imperfections, and personal growth. Its message is gentle yet powerful, making it especially relevant for young readers navigating social pressure and the fear of being "not enough." I recommend this book to anyone who feels exhausted by the race to prove themselves. It is a comforting reminder that we do not have to be exceptional every day to live a life that matters.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

07th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Monday

HONOURING THE ONES WHO SHAPE THE FUTURE OF TOMORROW

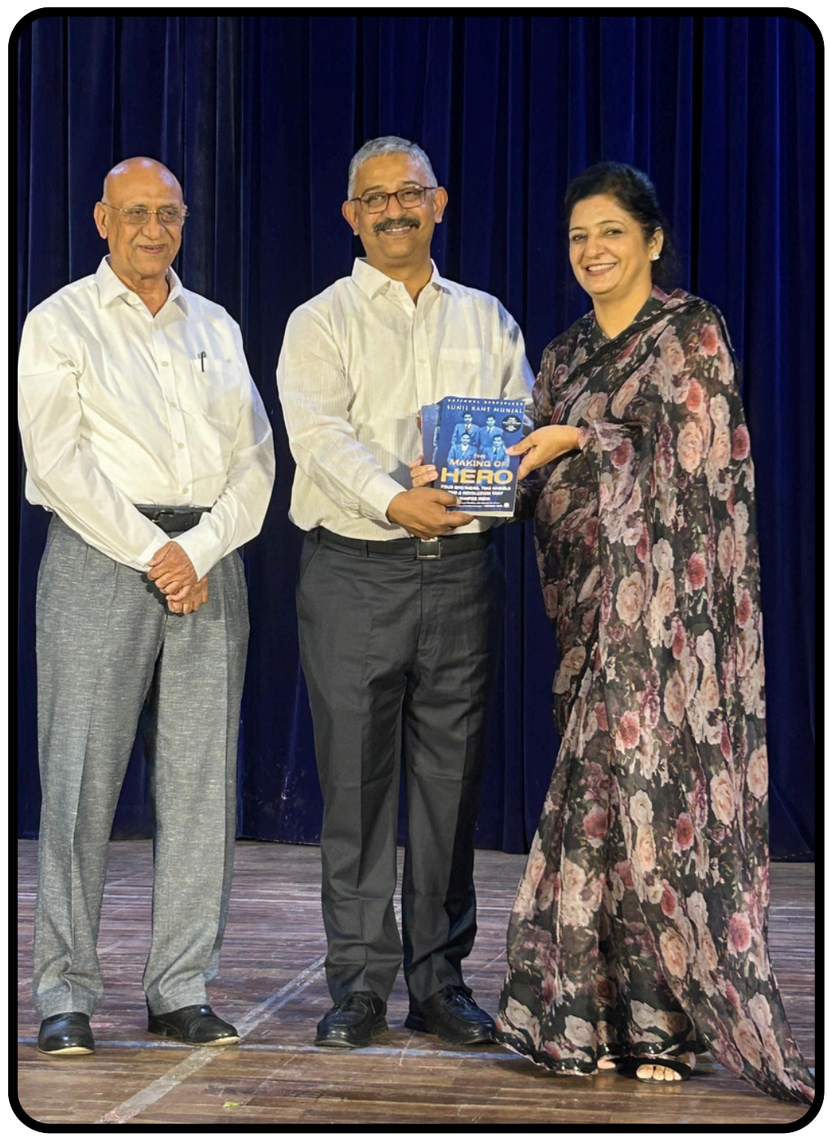
On the occasion of Teachers' Day, a special gathering of teachers from all schools under the BCM Foundation, Ludhiana, was organised at Guru Nanak Dev Bhawan to celebrate and honour the invaluable contribution of educators in shaping young minds and building the future.

The event was graced by Shri Gaurav Munjal, Trustee, BCM Foundation; Mr. Prem Kumar, Executive Manager, BCM Foundation; and Mr. Amitava Ghosh, Director School Education, along with the Principals of all BCM schools. The gathering brought together educators in an atmosphere of appreciation, gratitude and celebration.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

07th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Monday



As a special gesture of honour, all teachers were presented with The Making of Hero: Four Brothers, Two Wheels and a Revolution that Shaped India, authored by Shri Sunil Kant Munjal. The book chronicles the inspiring journey of the four Munjal brothers and their remarkable entrepreneurial story.

Addressing the gathering, Shri Gaurav Munjal, Mr. Prem Kumar and Mr. Amitava Ghosh lauded the dedication, perseverance and commitment of teachers, acknowledging their pivotal role in nurturing responsible, confident and compassionate citizens. They appreciated the tireless efforts of educators who go beyond classrooms to inspire, mentor and empower students.

The celebration served as a heartfelt reminder that every achievement of a student carries the quiet contribution of a teacher behind it. The event concluded on a note of gratitude and pride, celebrating teachers as the true architects of tomorrow.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

07th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Monday

"TEACHER'S DAY TURNED INTO CLASSROOMS TURNED INTO SPACES OF CELEBRATION"

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

07th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Monday

ROOTS THAT ANCHOR, *WINGS THAT SOAR*

"The stronger our roots, the higher we can rise."

In a world that is constantly changing, it is important to remain rooted in our values, principles and beliefs. Just as a tree stands tall because its roots hold it firmly to the ground, we, too, need strong foundations to face the challenges and uncertainties of life.

Being rooted means staying connected to our family, culture, traditions and the values that shape our character. It teaches us humility, gratitude, kindness and respect. At the same time, staying grounded means remaining humble even when we achieve success. We should never allow fame, wealth or accomplishments to make us forget where we come from.

Life will bring success as well as failures, appreciation as well as criticism. Strong values help us remain balanced through all these experiences. They remind us that true success is not merely about reaching great heights; it is also about remaining a good human being along the way.

Let us, therefore, dream big and reach for the stars but never lose sight of our roots. Let us remain humble, grateful and grounded. After all, the deeper our roots, the stronger we become and the higher we can rise.

Sonica Moudgill
TGT English

BCM SCHOOL

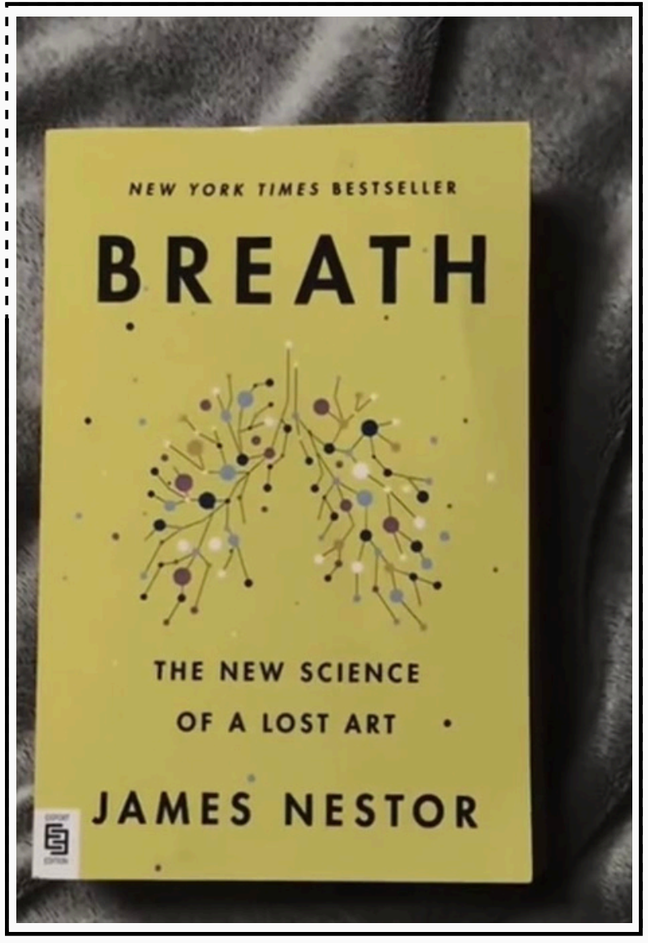
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

07th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Monday

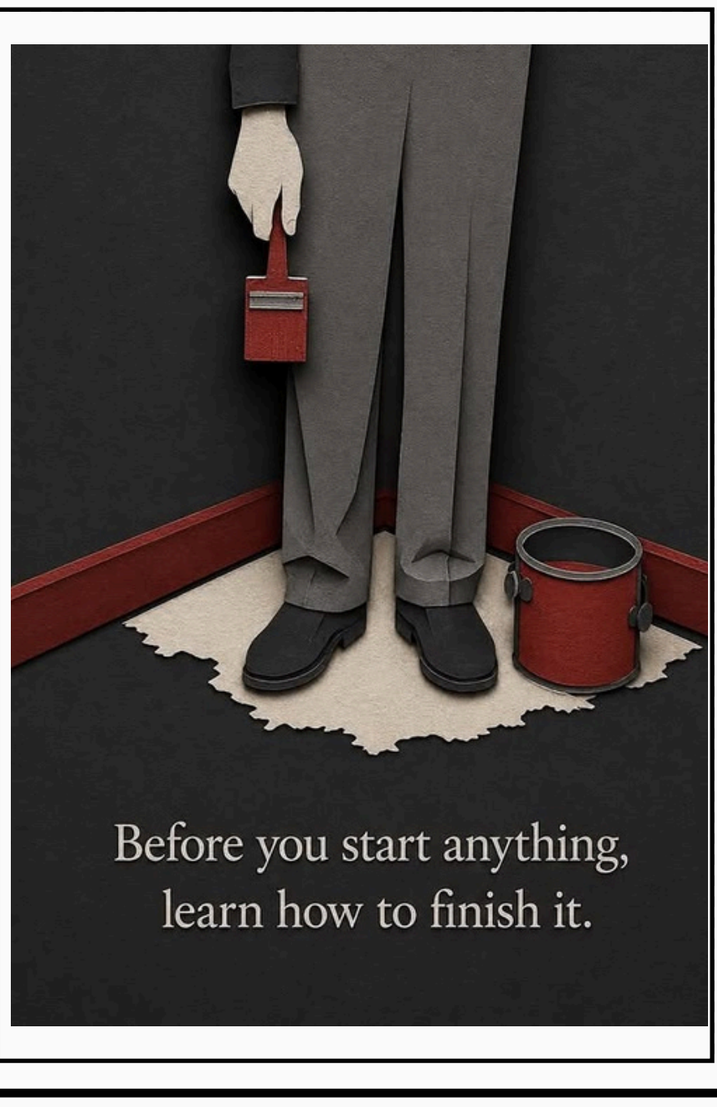
BOOK RECOMMENDATION :

BREATH

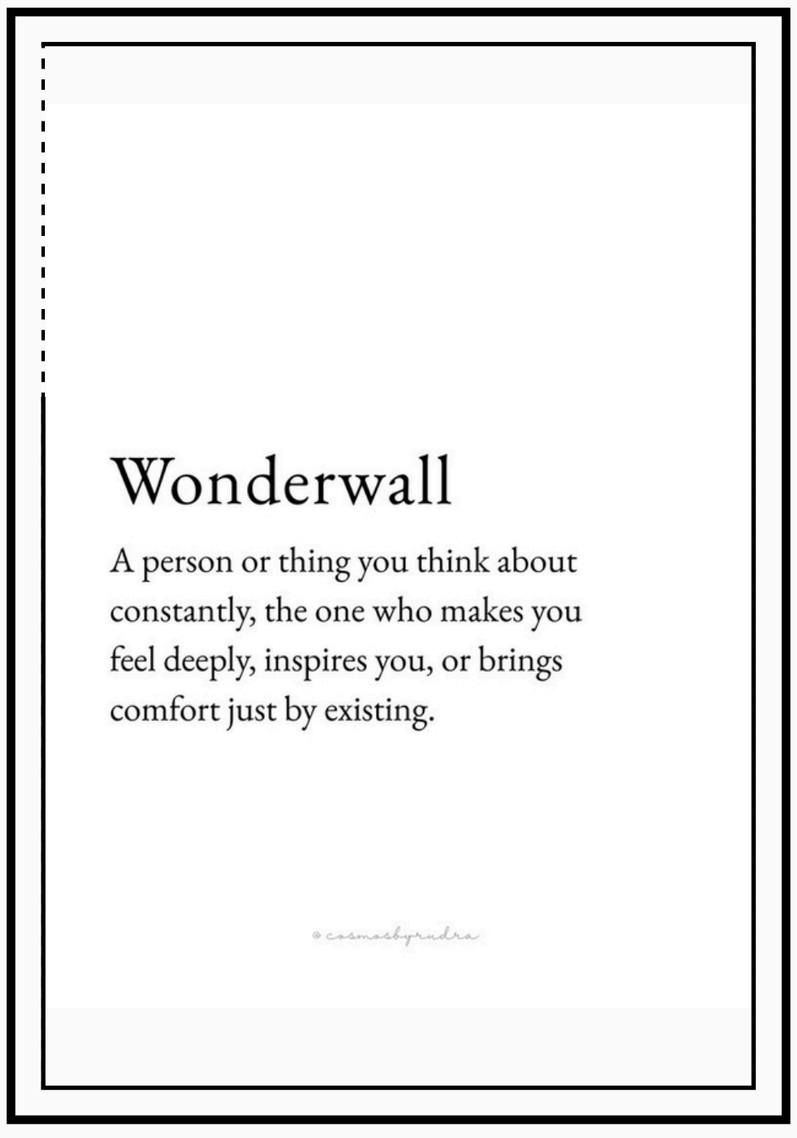


What if something as simple and automatic as breathing could have a profound impact on our health and well-being? In Breath: The New Science of a Lost Art, science journalist James Nestor takes readers on a fascinating journey into the science, history and forgotten practices of breathing. The book explores how modern lifestyles may have altered the way we breathe and examines the difference between mouth and nasal breathing, the role of breathing in sleep and exercise, and various traditional breathing practices. A fascinating and thought-provoking read, Breath reminds us that sometimes the simplest habits can have the greatest impact. Recommended for anyone interested in health, wellness, human biology and the remarkable connection between body and mind.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

08th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

08th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Tuesday

We are proud of you...

Aagastya Kaushik

has brought great pride to our school by winning **3 Gold Medals** in the **50m, 100m and 200m Backstroke** event.

He has also been selected for the **State-level competition** in the **Medley Relay** and other events.

Keep Swimming, Keep Shining!

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
THE BCM EDGE
08th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

COLOURS OF MY IMAGINATION

Where imagination finds its colours and creativity knows no boundaries, art becomes a beautiful language of self-expression. With this thought, the students enthusiastically participated in Abstract Art activity, exploring the joy of creating art beyond conventional forms and patterns.

The teacher introduced the students to the concept of Abstract Art and explained that art can be expressed through a fascinating mix of colours, shapes, lines, designs and patterns. The children were encouraged to understand that there is no single way to create art and that every stroke and colour can convey a unique thought, feeling or idea. Following their imagination, the students created their own distinctive artworks. They experimented with colours, shapes and patterns to express emotions such as happiness, surprise, excitement and joy. Each child explored their creativity in their own unique way, transforming simple strokes and colours into imaginative compositions.

The activity provided a joyful platform for children to think freely, experiment fearlessly and discover that art is not merely about what we see, but also about what we feel and imagine.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

08th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Tuesday

INNER CALM, OUTER BRILLIANCE:

Unlocking Your Potential Through Meditation

Meditation helps you become a super-student!

ARUNA SHARMA
PRT SCIENCE

Improved Focus

- Find your inner calm and stay on task.
- Meditation helps your mind feel fresh and ready to learn.
- Train your brain to concentrate better.
- Get more done in less time!

Enhanced Brain Power

- Understand your lessons more clearly.
- Connect different ideas and make learning fun.
- Build a stronger memory and absorb more knowledge.
- Think like a true scholar.

Stress Reduction for all exams

- Calm down before exams.
- Feel confident and erase all worries.
- Turn exam nerves into exciting challenges.
- Sleep better and feel refreshed.
- Beat test anxiety!

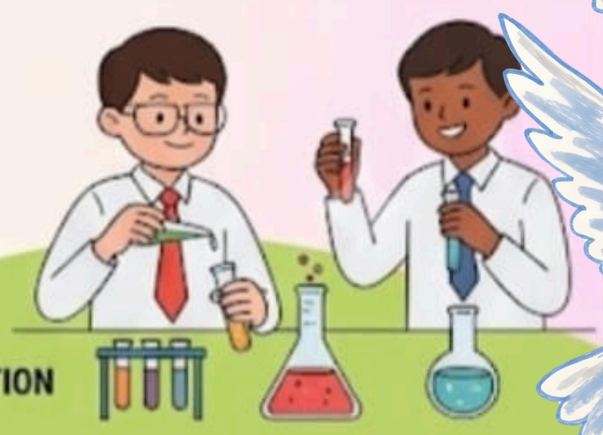
Better Emotional Well-being

- Manage your feelings more easily.
- Handle disagreements calmly with friends and family.
- Understand and respect yourself.
- Build positive relationships.

Creativity Boost

- Discover new ideas and fresh perspectives.

Unleash your imagination and unlock new possibilities.



START YOUR MEDITATION JOURNEY TODAY!

BCM SCHOOL

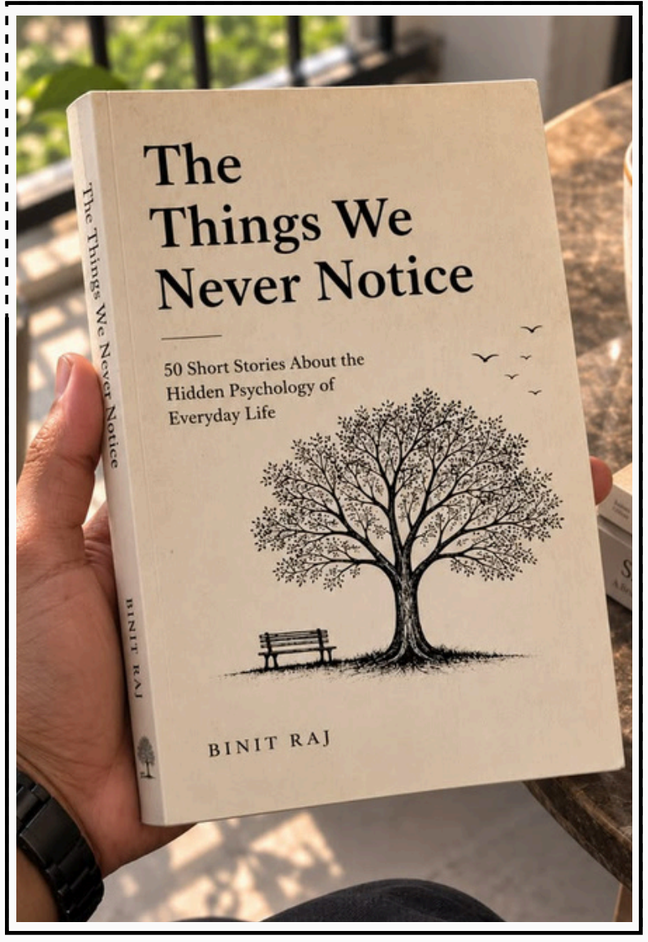
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

08th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

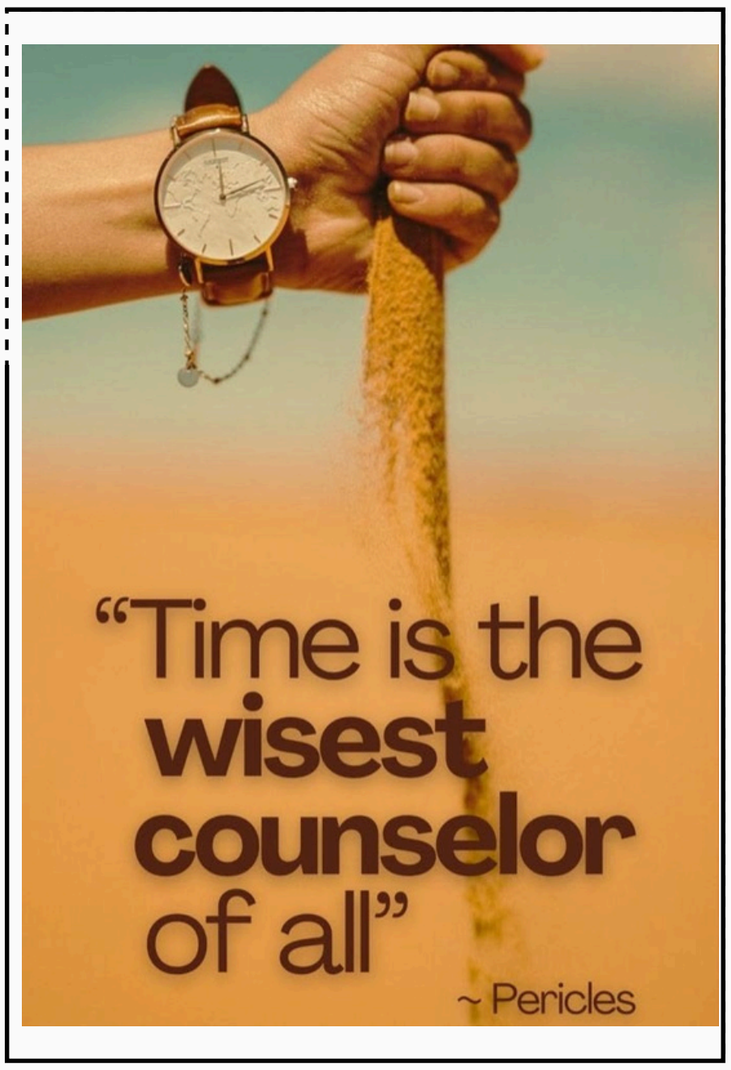
BOOK RECOMMENDATION :

THE THINGS WE NEVER NOTICE

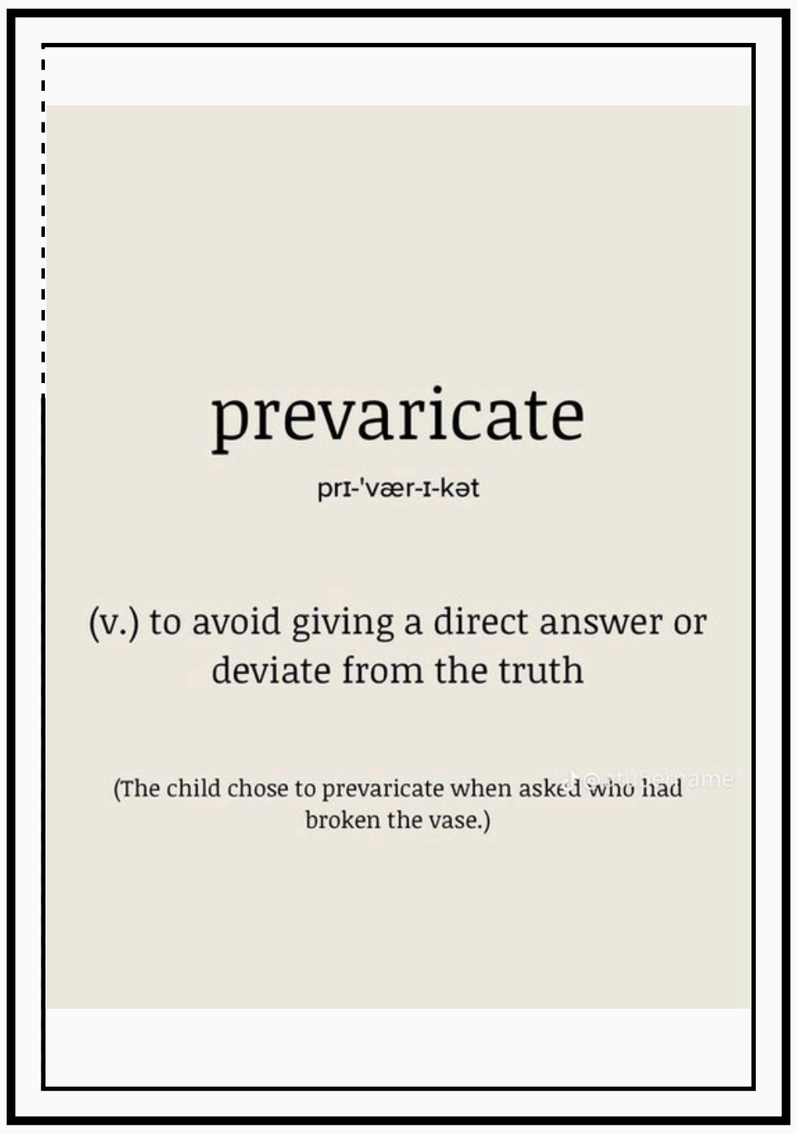


The Things We Never Notice by Binit Raj is a thoughtful collection of 50 short stories that explores the hidden psychology behind ordinary moments. The book encourages readers to slow down and pay attention to things that often escape notice—a quiet goodbye, an empty chair, a stranger's expression, or even our own unspoken emotions. What makes the collection engaging is its ability to find deeper meaning in seemingly insignificant experiences. Each story gently prompts reflection on human behaviour, emotions, choices and relationships. Rather than offering straightforward answers, the book encourages us to ask better questions and become more observant of the world around us. A meaningful recommendation for readers who enjoy reflective, psychological and thought-provoking short stories.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

09th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

GLOBAL ACHIEVEMENT

SELECTED FOR THE

NEW YORK ACADEMY OF SCIENCES (NYAS)

JUNIOR ACADEMY

FALL 2026 COHORT

OUR STAR ACHIEVERS

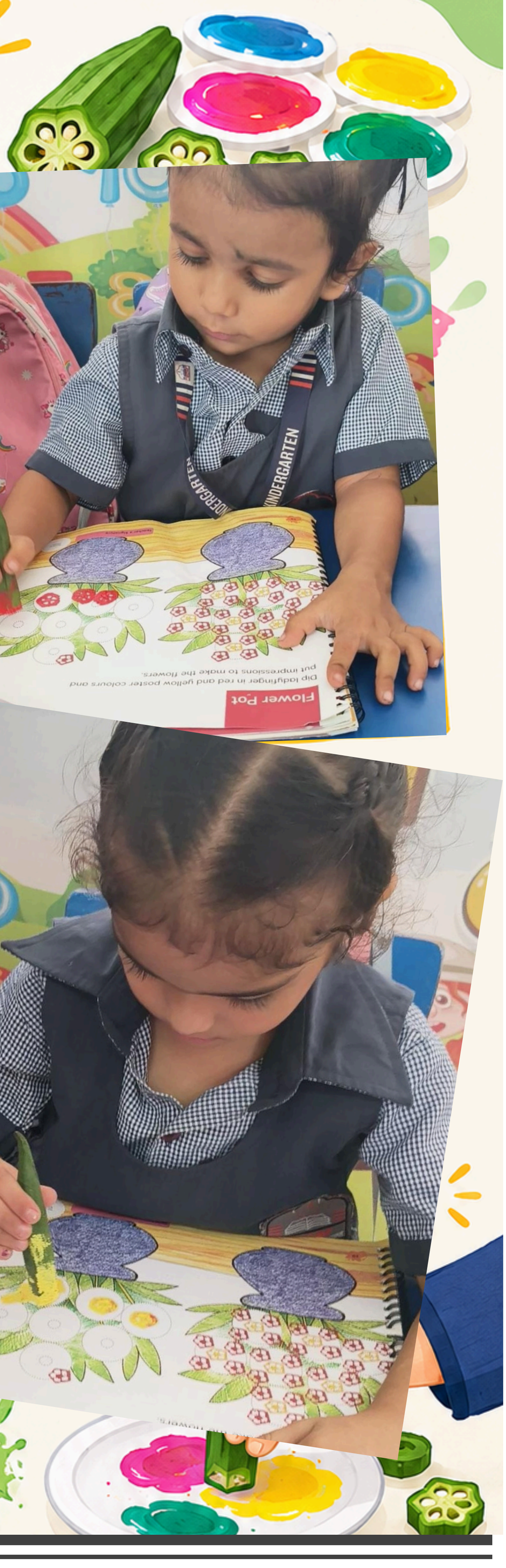
Kunwarpreet	Ranvir Rana	Faris Kapoor	Gurnayamat
IX Daisy	IX Daisy	IX Jasmine	IX Aster

Our young innovators have been selected for the Junior Academy of the New York Academy of Sciences, joining a global community of young minds engaged in STEM, innovation, collaboration and problem-solving.

STEM | INNOVATION | COLLABORATION | PROBLEM-SOLVING

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
THE BCM EDGE
09th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Wednesday

Vegetable Printing Activity



A fun-filled and creative Vegetable Printing activity was conducted for the little stars of Nursery. The tiny tots were given half cut ladyfinger. They dipped it in different colours and printed lovely flowers, designs in their drawing books. Children were very excited to see how a simple vegetable could create a beautiful picture. The classroom was filled with colourful prints and happy smiles. Teachers guided them and encouraged them to use their imagination. The activity was full of joy, colours, creativity and children participated with great enthusiasm.

Learning Outcomes -

1. It helped children to enhance their creativity, imagination and colour recognition.
2. It improved their fine motor skills.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

09th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Wednesday

From Playground to Life

Lessons We Learn Through Sports

Ms. Kanupriya
PGT PHYSICAL EDUCATION

Play Learn Grow

The playground is more than just a place to run, jump and compete. It is a classroom without walls – where children learn life skills like discipline, teamwork, perseverance, leadership, patience and respect.

Better Players Bigger Dreams

Discipline

Follow rules, practice regularly and work towards a goal. It builds responsibility and organization.

Perseverance

Even when we face setbacks, the desire to try again builds inner strength.

Teamwork

In games, every player has a role. Success comes from cooperation and trust.

Leadership & Decision-Making

Captains learn to guide, make decisions and motivate. We also learn to respect different opinions.

Handling Success & Failure

Winning builds confidence; losing teaches us to learn, try again and improve.

Stronger Healthier Happier

Fair Play & Respect

Follow rules, respect opponents, officials and celebrate with humility.

Health & Well-being

Sports improve physical, mental and social health.

Belief in Ourselves

Every challenge helps us discover our strengths and overcome our weaknesses. Confidence helps us face life beyond the playground.

In the end, sports teach us to work hard, cooperate, respect rules, accept challenges and never give up. The game may end, but the lessons stay with us for life.

BCM SCHOOL

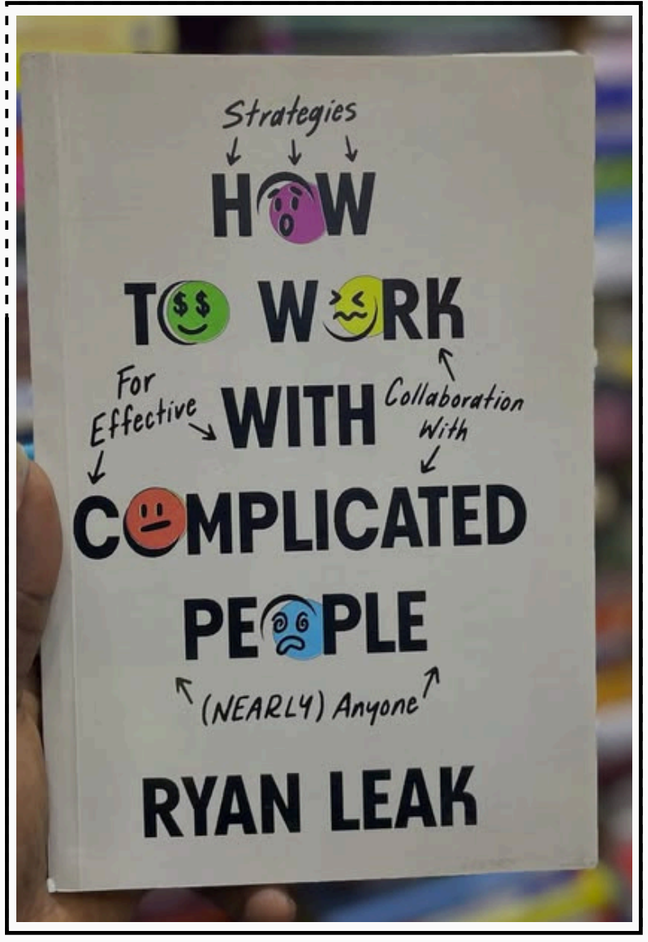
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

09th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Wednesday

BOOK RECOMMENDATION :

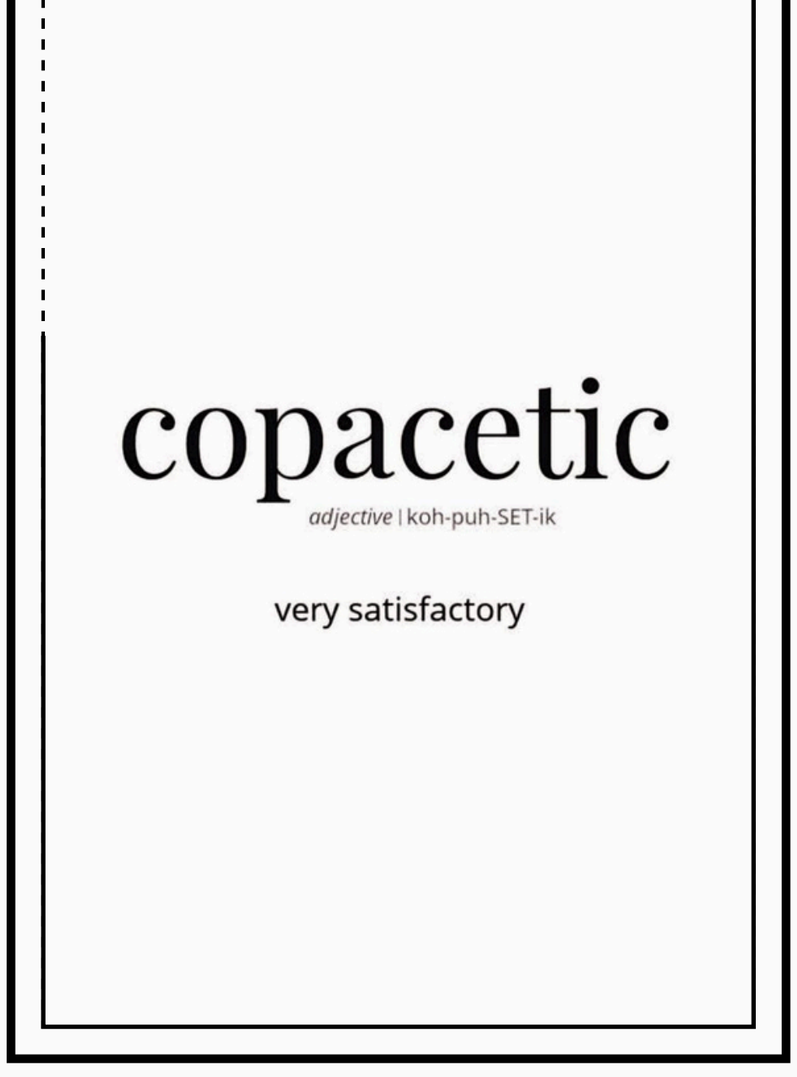
HOW TO WORK WITH COMPLICATED PEOPLE



How to Work with Complicated People is a practical and insightful guide to navigating difficult personalities and challenging relationships. The book offers useful strategies for understanding why people behave the way they do and, more importantly, how we can respond without losing our patience or peace of mind. Rather than encouraging us to change others, it focuses on managing our own reactions, setting healthy boundaries and communicating effectively. Its relatable examples make the advice easy to understand and apply in both professional and personal situations. A valuable read for anyone who regularly encounters demanding, unreasonable or emotionally challenging people, this book reminds us that we cannot control everyone's behaviour, but we can choose how wisely and calmly we respond.

THOUGHT OF THE DAY

WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

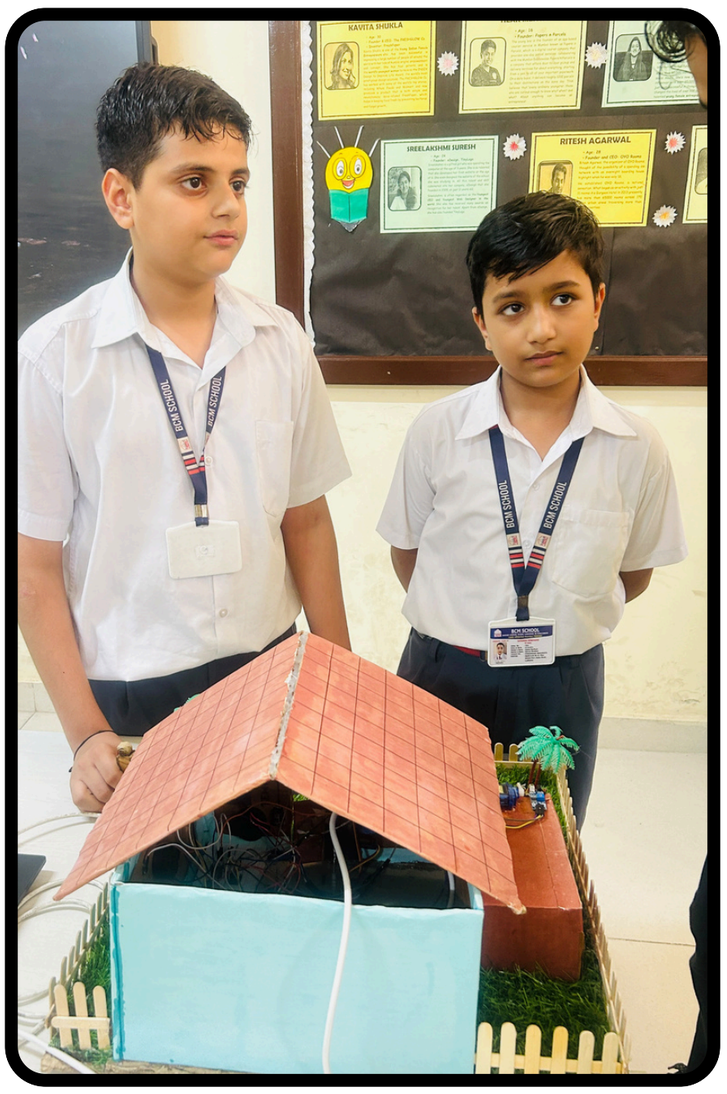
BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

10th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION
THE BCM EDGE
10th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Thursday

YOUNG INNOVATORS TURN IDEAS INTO INTELLIGENT SOLUTIONS



Students of BCM Basant Avenue, Ludhiana showcased their creativity, innovation, and technical skills through an impressive range of robotics and technology-based projects, transforming classroom learning into practical solutions for real-life challenges.

The projects included Forest Fire Alert System, Smart Irrigation System, Rain Detection System, Smart Parking System, Electronic Games, LDR-Based System, Security Alert System, and Smart Pet Feeder, among several other innovative models.

The working prototypes reflected the students' understanding of sensors, circuits, programming, automation, robotics, and problem-solving. Their active involvement in designing, assembling, programming, and testing the models helped strengthen logical thinking, teamwork, creativity, troubleshooting, and innovation.

The students were guided by Robotics Trainer Aman Middha, whose practical mentorship enabled them to transform their ideas into functional working models and gain valuable hands-on exposure to emerging technologies.

The school lauded the students' enthusiasm and ingenuity, reiterating its commitment to experiential, skill-based learning and nurturing confident young innovators equipped to create solutions for the future.

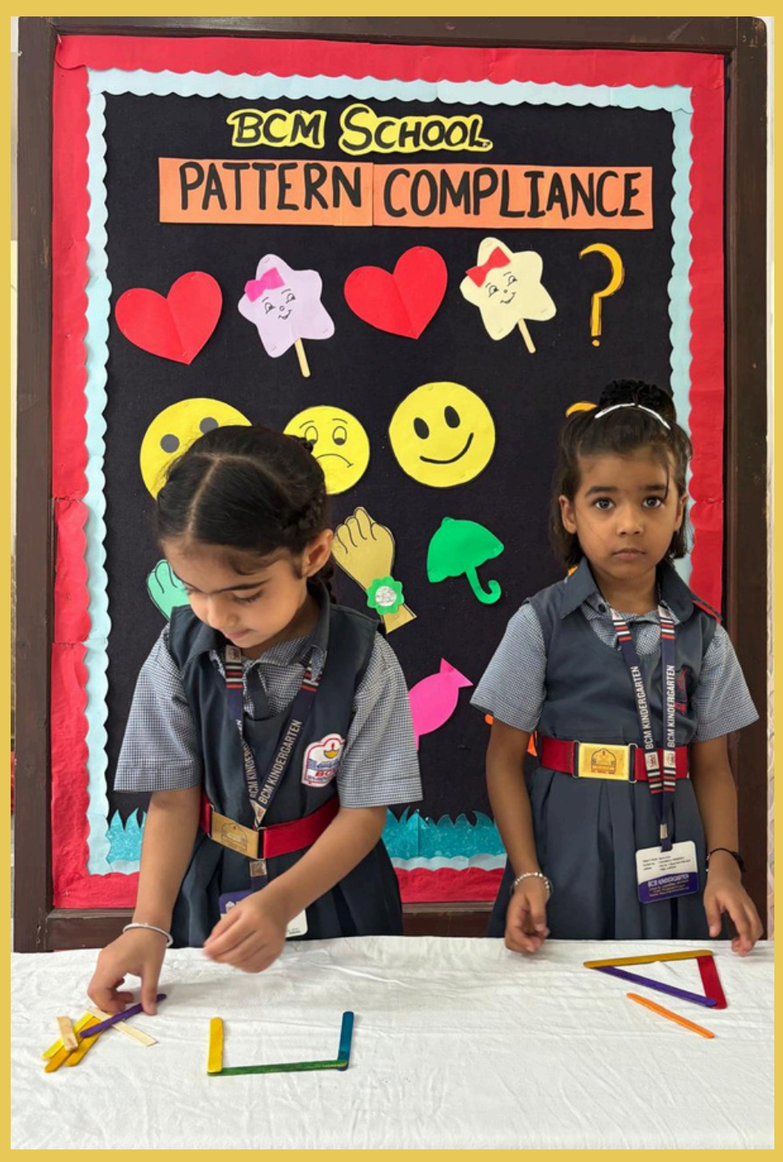
BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
THE BCM EDGE
10th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

SPOT, FOLLOW, CREATE: LEARNING PATTERNS THROUGH PLAY

The young learners of LKG participated in an engaging Pattern Compliance Activity designed to develop their ability to observe, understand, and accurately follow simple patterns. The teacher provided the children with worksheets featuring easy-to-follow patterns, which they carefully observed and replicated on their own sheets with guidance and support.

The activity offered a fun and interactive way to strengthen observation, concentration, hand-eye coordination, and fine-motor skills. As the children carefully followed each pattern, they practised accuracy while building confidence and developing an early understanding of sequences and repetition.

The enthusiastic participation of the little learners made the activity both meaningful and enjoyable, turning learning into a delightful hands-on experience.



BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

10th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Thursday

By Rajni Bhatia (PRT)

Mental Health

A Healthy Mind
Builds a Brighter Future

What is Mental Health?

Mental health is an important part of our overall well-being. It refers to our emotional, psychological and social well-being and influences how we think, feel, behave and respond to the challenges of life. Just as we take care of our physical health, it is equally important to care for our minds.

A healthy mind is the foundation of a healthy and balanced life.

It's Not About Being Happy All the Time

Good mental health does not mean being happy all the time. It means being able to understand and manage our emotions, cope with stress, maintain healthy relationships and deal with difficult situations in a positive way. Life can bring challenges, disappointments and stressful moments, and it is normal to feel worried, sad or overwhelmed at times.

Healthy Habits for a Healthy Mind

A healthy lifestyle can contribute greatly to mental well-being. Regular physical activity, adequate sleep, nutritious food, relaxation and meaningful social connections help keep the mind healthy. Spending time with family and friends, pursuing hobbies and taking breaks from daily pressures can also promote emotional balance.

Talk, Support, Be Kind

Most importantly, we should talk openly about mental health and avoid judging those who are struggling. Seeking help from a trusted person or a mental health professional is a sign of courage and self-care.

It's okay to ask for help

BCM SCHOOL

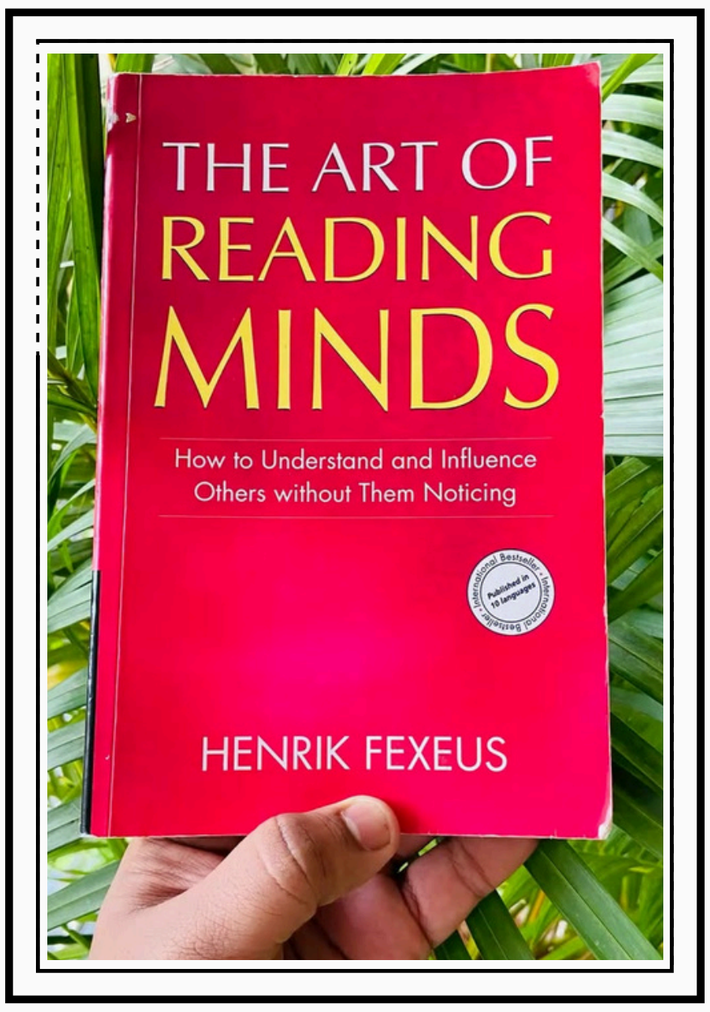
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

10th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Thursday

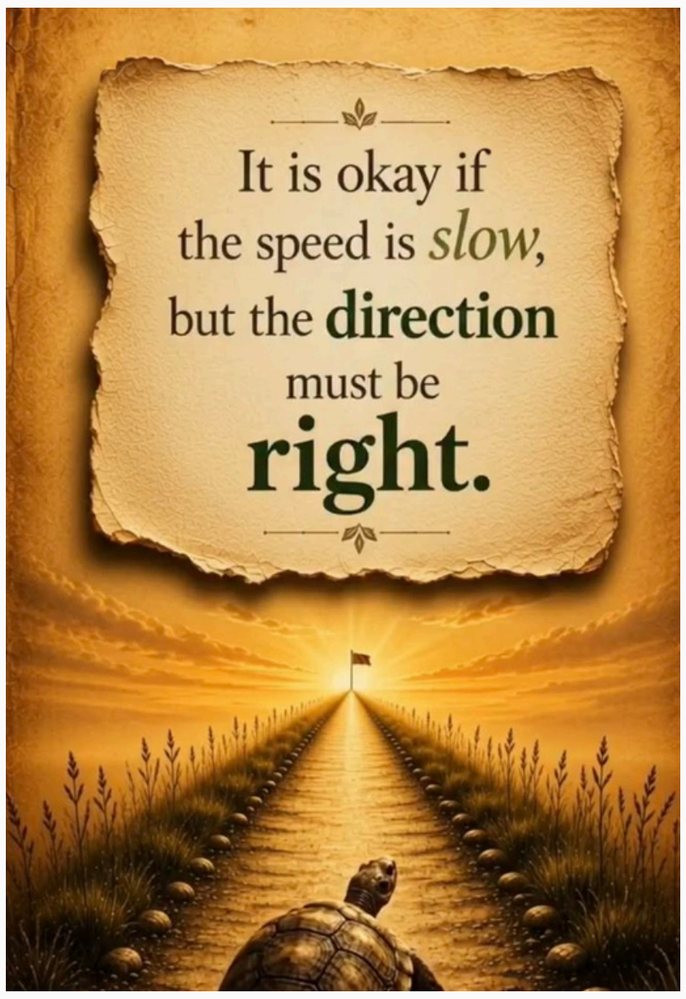
BOOK RECOMMENDATION :

THE ART OF READING MINDS

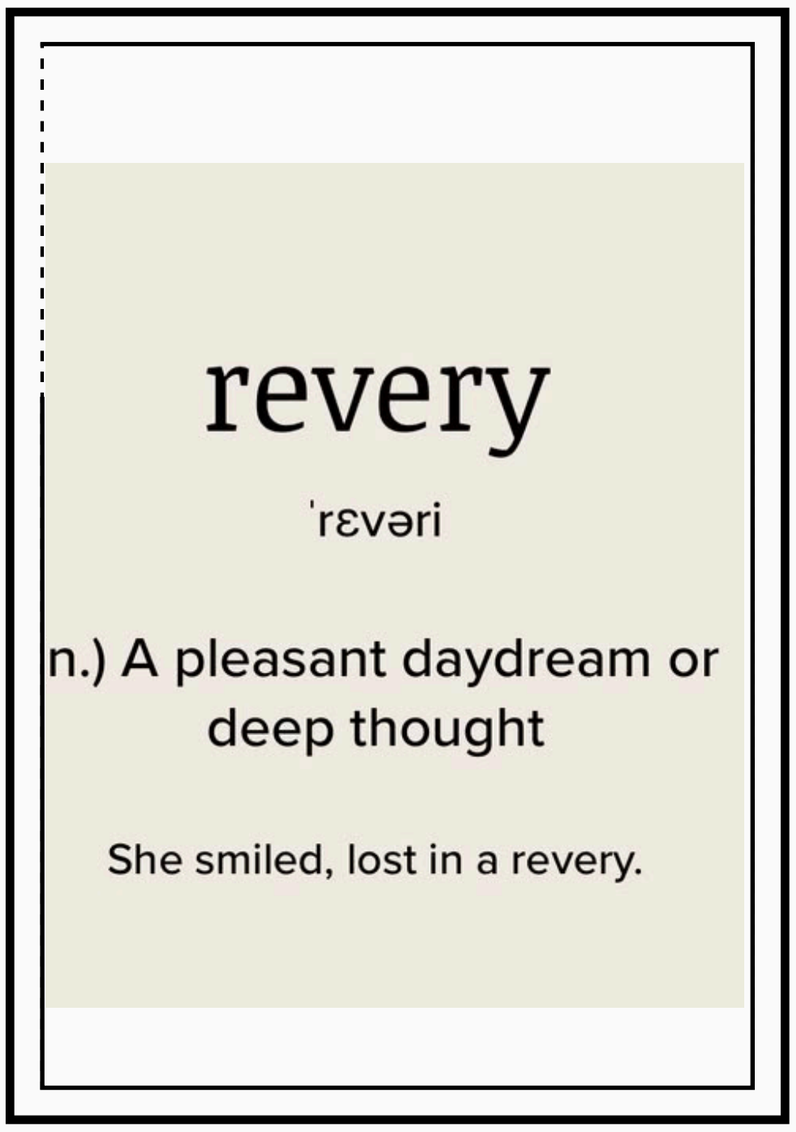


The Art of Reading Minds by Henrik Fexeus is an intriguing book that explores the hidden language of human behaviour. Rather than teaching supernatural mind-reading, the book focuses on body language, facial expressions, tone of voice, gestures and other forms of non-verbal communication. Fexeus explains how careful observation can help us understand what people may be feeling or thinking, while also showing how rapport and communication can influence relationships. The book is practical, engaging and filled with interesting exercises and examples. What makes it especially thought-provoking is its discussion of the ethical boundaries between understanding people and manipulating them. Although some of its psychological techniques are debated and should not be treated as infallible science, the book encourages readers to become more observant and attentive communicators. A fascinating read for anyone curious about human behaviour, psychology and the subtle signals we often overlook.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

11th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Friday

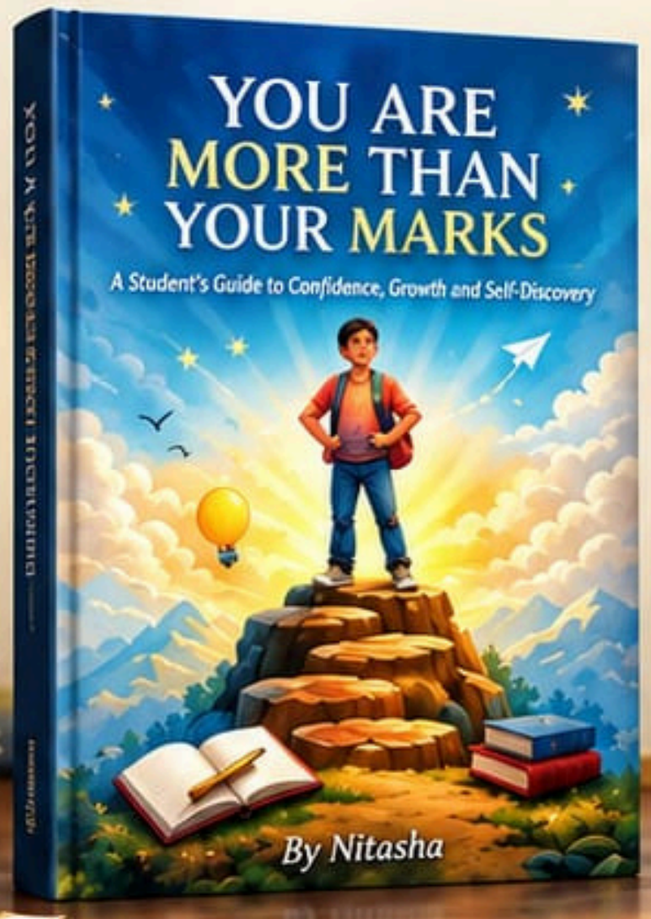
Congratulations
to our accomplished teacher
Ms. Nitasha
ON HER REMARKABLE ACHIEVEMENTS!

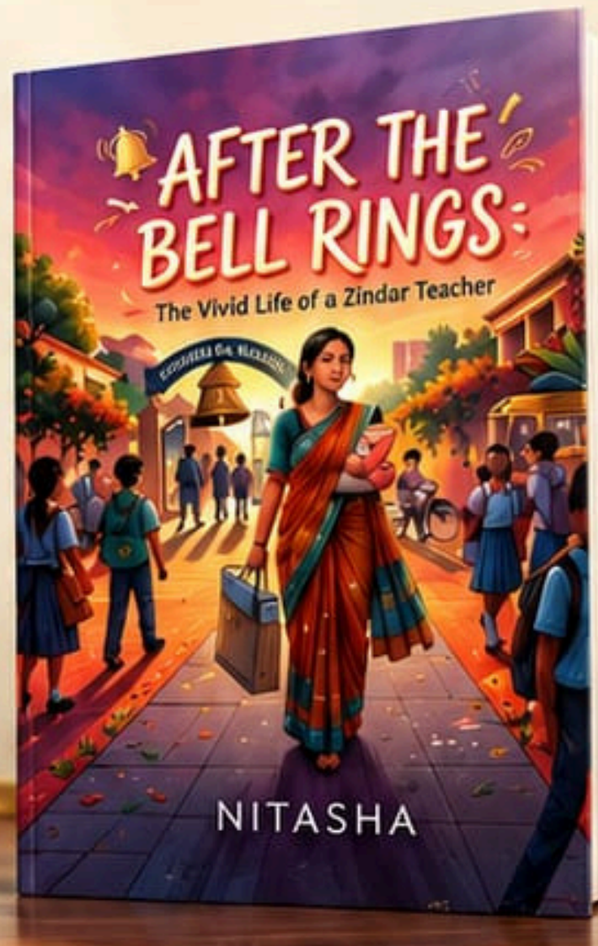
"Words Build Better Worlds"

WRITER OF THE YEAR AWARD 2026

Honouring her outstanding contribution to writing, literature, creativity and the power of the written word.

TWO OF HER BOOKS SELECTED FOR
AHMEDABAD INTERNATIONAL BOOK FESTIVAL 2026
Celebrating talent | Inspiring change





Two Stories Many Hearts

Her words inspire, her work empowers!

PROUD OF YOUR ACHIEVEMENTS,
TODAY AND ALWAYS!

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

11th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Friday

Turn Taking Game

Small Steps... Big Social Skills!

Wait • Share • Play • Grow

Learning to wait, share and give others a chance is an important social skill that children develop through joyful and meaningful experiences. The students of UKG participated in the **"Turn Taking Game"**, where they enjoyed a variety of fun-filled games while learning the value of patience and cooperation.

The activity included engaging games such as passing the ball and collecting objects into a basket. For the collection game, objects were arranged in a line on the ground, and children took turns moving forward to pick them up and place them in the basket.

Through these games, the students learnt to wait patiently for their turn, follow instructions and give their peers an equal opportunity to participate. The cheerful atmosphere made learning enjoyable while strengthening their social and interpersonal skills.

Learning Outcomes

Students learnt to wait patiently for their turn and developed sharing and cooperation.

They learnt to Follow simple game rules and improved listening and attention.

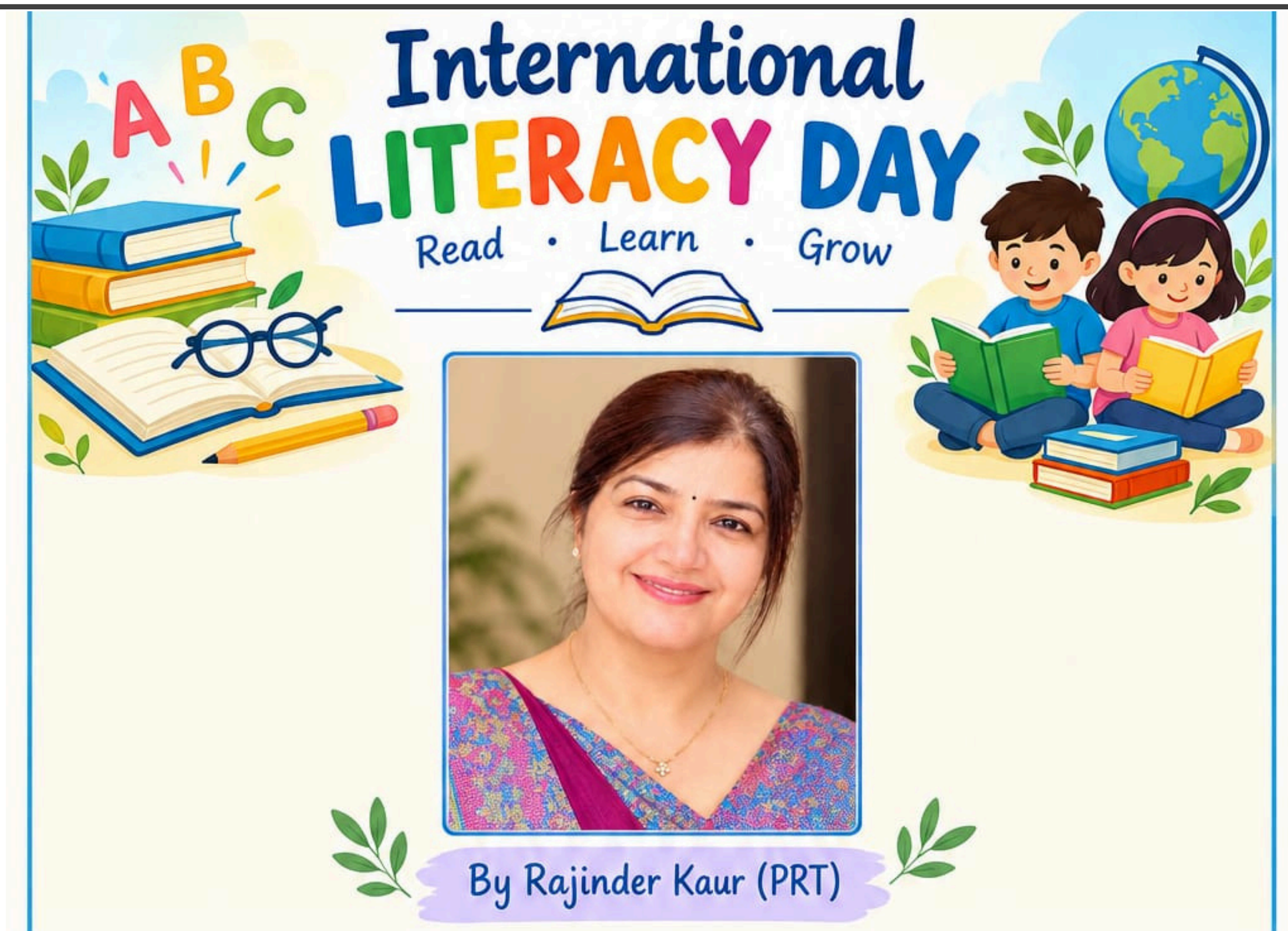
They also enhanced gross motor skills, built social confidence and teamwork.

Better Listeners
Kinder Friends
Stronger Together

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

11th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Friday



By Rajinder Kaur (PRT)

International Literacy Day is celebrated every year on 8 September to highlight the importance of literacy in our lives. It was first proclaimed by UNESCO in 1966 to remind the world that the ability to read and write is a basic human right and an essential foundation for education and development.

Literacy is much more than simply knowing how to read and write. It enables people to understand information, communicate effectively, make informed decisions and participate actively in society. A literate person can better understand opportunities and challenges and contribute positively to the community.

The theme of International Literacy Day encourages us to think about the importance of inclusive and equitable education for everyone. Even today, many people around the world face barriers to education because of poverty, social inequalities, lack of resources or difficult living conditions. Therefore, it is our collective responsibility to promote education and create opportunities for all.

Schools play an important role in spreading literacy by encouraging children to read, write, explore and learn. On this day, we should appreciate the value of education and inspire others to develop a habit of reading and learning.

BCM SCHOOL

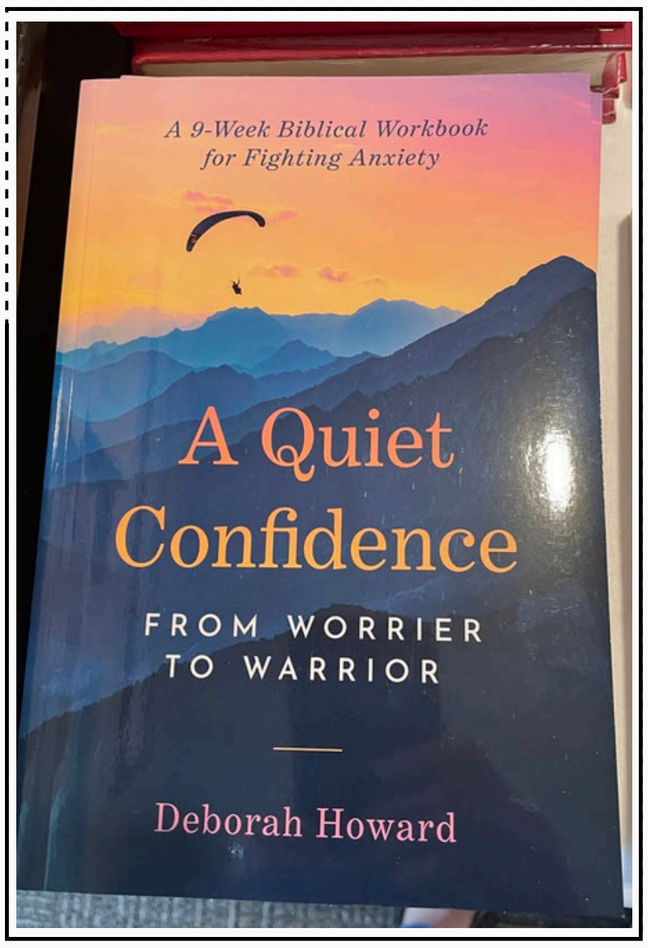
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

11th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Friday

BOOK RECOMMENDATION :

A QUIET CONFIDENCE

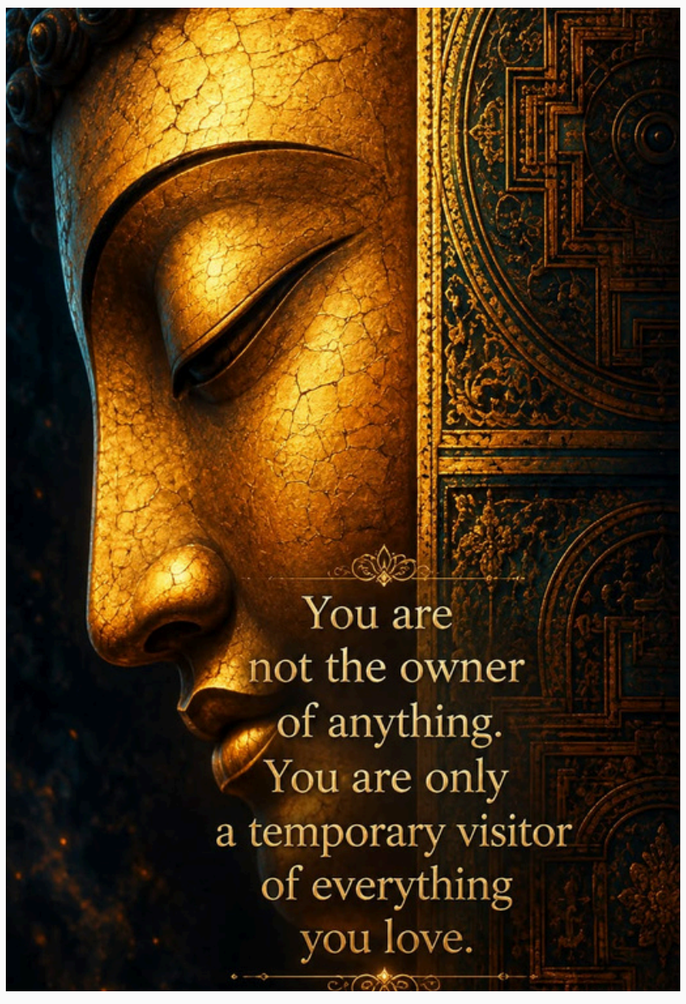


A Quiet Confidence by Deborah Howard is a thoughtful and reassuring workbook that explores the journey from worry to faith-filled confidence. Through Scripture, reflection, and guided journaling, the book encourages readers to confront anxiety, quiet their restless thoughts, and develop a deeper trust in God.

What makes the book meaningful is its gentle approach. Instead of offering quick solutions, it invites readers to pause, reflect and gradually replace fear with faith. The nine-week format makes it practical and easy to follow, while the questions and exercises encourage personal introspection.

A comforting read for anyone struggling with worry, overthinking or uncertainty. It reminds us that true confidence does not always have to be loud—it can grow quietly through faith, reflection and inner peace.

THOUGHT OF THE DAY



WORD

EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

12th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Saturday

ACADEMIC VISION: FACULTY PRESENTATIONS & THREE-YEAR COMPETENCY-BASED LEARNING PLAN

The school organised an Academic Presentation on the Three-Year Competency-Based Learning Plan, where teachers from different departments shared their vision and strategies to strengthen competency-based learning. Presentations were held department-wise in this order: Science, Mathematics, English, Social Science, Punjabi and Hindi. The session was graced by Mr. Amitava Ghosh, Director, School of Education, Principal Dr. Vandna Shahi and Dean Administration Ms. Gurpreet Kaur, who gave valuable suggestions to improve the academic plan.

The main aim of the discussion was to make classroom teaching more practical, experiential and connected to real life, rather than just following textbooks.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

12th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

- **Department Highlights**
- **Science: Focus on data interpretation, questioning skills and thinking beyond the textbook. Clear learning objectives were stressed. An Idea Generation Contest was proposed for the next session to boost creativity and curiosity.**
- **Mathematics: Emphasis on regular practice, since "Maths is to be practised, not merely read." Daily practice and real-life application of concepts were suggested. Appreciating and rewarding students was highlighted as a way to build confidence.**
- **English: Focus on the four language skills —Listening, Speaking, Reading and Writing—through innovative methods, aiming at real communication rather than textbook completion.**
- **Social Science: Use of case studies and real-life examples to make lessons relevant. Building civic sense and responsible citizenship was seen as a key goal.**

Common Points Across Departments

- **Clear learning objectives and proper curriculum transaction (not just completion)**
- **Experiential learning and active student participation**
- **Random questioning and interactive teaching methods**
- **Assessing real understanding, not just repeating notes**
- **Building knowledge, skills, confidence, creativity, critical thinking and citizenship**

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION
THE BCM EDGE
12th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

STORIES OF LOVE: A SPECIAL MOVIE SHOW FOR GRANDPARENTS' DAY

To celebrate Grandparents' Day, the students participated in a special Movie Show thoughtfully organised to highlight the beautiful and irreplaceable bond between grandparents and grandchildren. The movie beautifully portrayed the love, care, affection, guidance and cherished moments shared between the two generations.

As the story unfolded, the young learners connected with the emotions and values depicted on screen. Through the movie, Grandparents shared childhood stories of their children who are parents now with their grandchildren. They learnt important moral values such as respecting elders, showing gratitude, caring for grandparents, listening to their wisdom and cherishing family relationships.

The children watched the movie with great excitement and enthusiasm. Their happy faces and enthusiastic responses reflected how much they enjoyed the experience. The activity provided not only entertainment but also a meaningful learning experience, reminding the children that the love of grandparents is a precious treasure that deserves to be valued and cherished forever.

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

12th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

AI: Your Helpful Assistant, Not Your Replacement

"Imagine having a brilliant assistant who can explain difficult topics, suggest ideas, correct your mistakes and help you learn at any time. Sounds wonderful, doesn't it? This is what Artificial Intelligence, or AI, can offer us. But there is one important rule: let AI be your **helping hand, not your thinking hand.**"

As a teacher, I encourage students to explore AI, but I also want them to understand its limits. AI can provide information within seconds, but it cannot replace your curiosity, creativity, emotions and personal experiences. If you allow AI to do your homework, write every essay and solve every problem, you may finish your work—but you may also lose the opportunity to develop your own abilities.

So, how should students use AI wisely?

Use AI as a learning partner.

- If you do not understand a mathematical concept, ask AI to explain it in a simpler way.
- If you are writing an essay, use it to brainstorm ideas, but write the final piece in your own words.
- You can ask AI to quiz you before an examination, suggest questions for revision or give feedback on your work.

Think first and ask AI second.

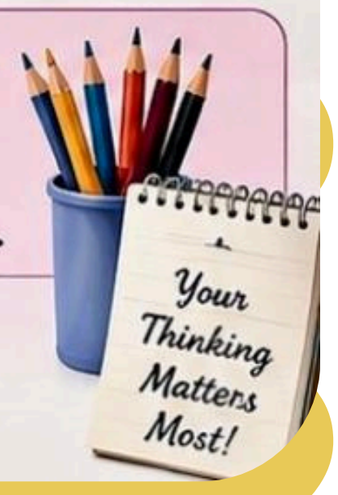
- Try solving a problem yourself before checking an AI-generated answer.
- Compare the information with your textbook or trusted sources because AI can sometimes make mistakes.

Remember,

a calculater can help you calculate, but it cannot teach you how to think. Similarly, AI can support your learning, but your brain must remain in the driver's seat.

Dear students, the future will not belong to those who simply know how to use AI. It will belong to those who know when to use it, how to question it and when to think for themselves.

- ★ Use AI.
- ★ Learn with it.
- ★ Question it.
- ★ But never stop thinking.



Be Smart. Be Curious. Be Responsible.
Think. Learn. Grow.

BCM SCHOOL

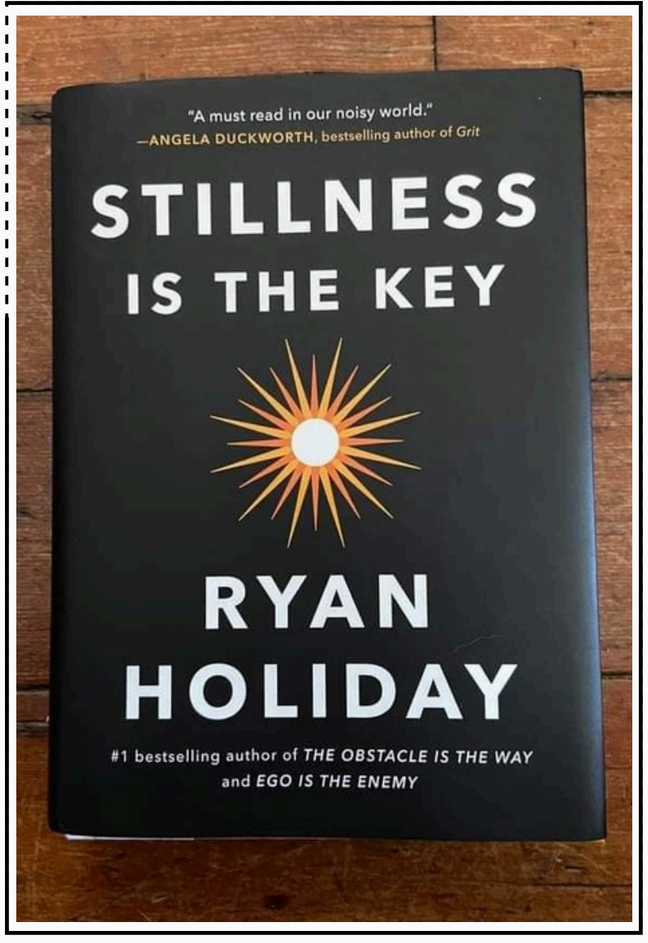
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

12th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Saturday

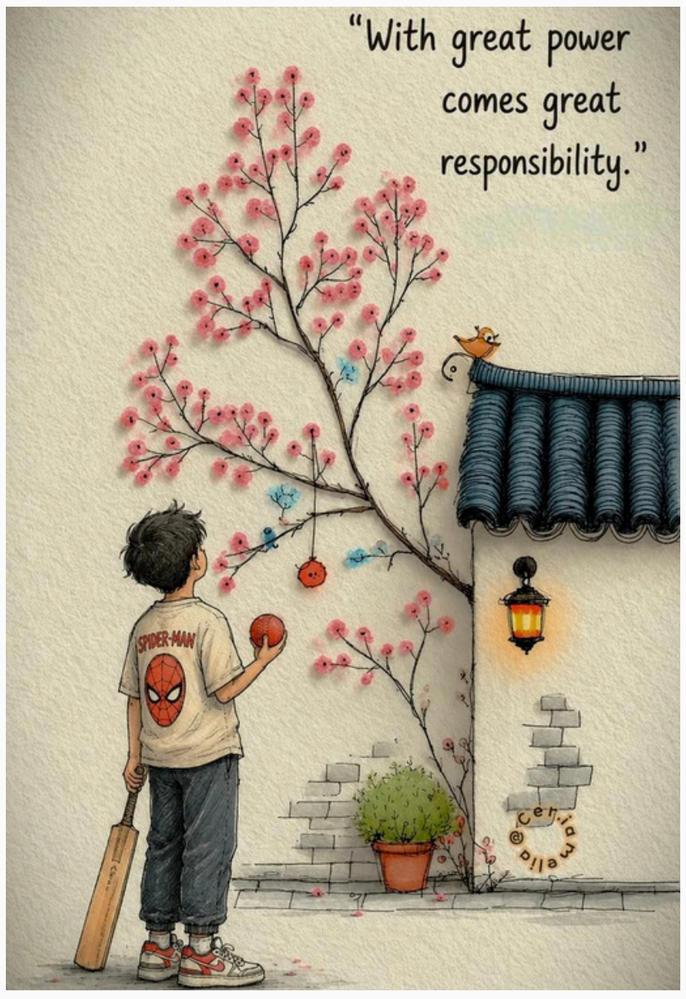
BOOK RECOMMENDATION :

STILLNESS IS THE KEY

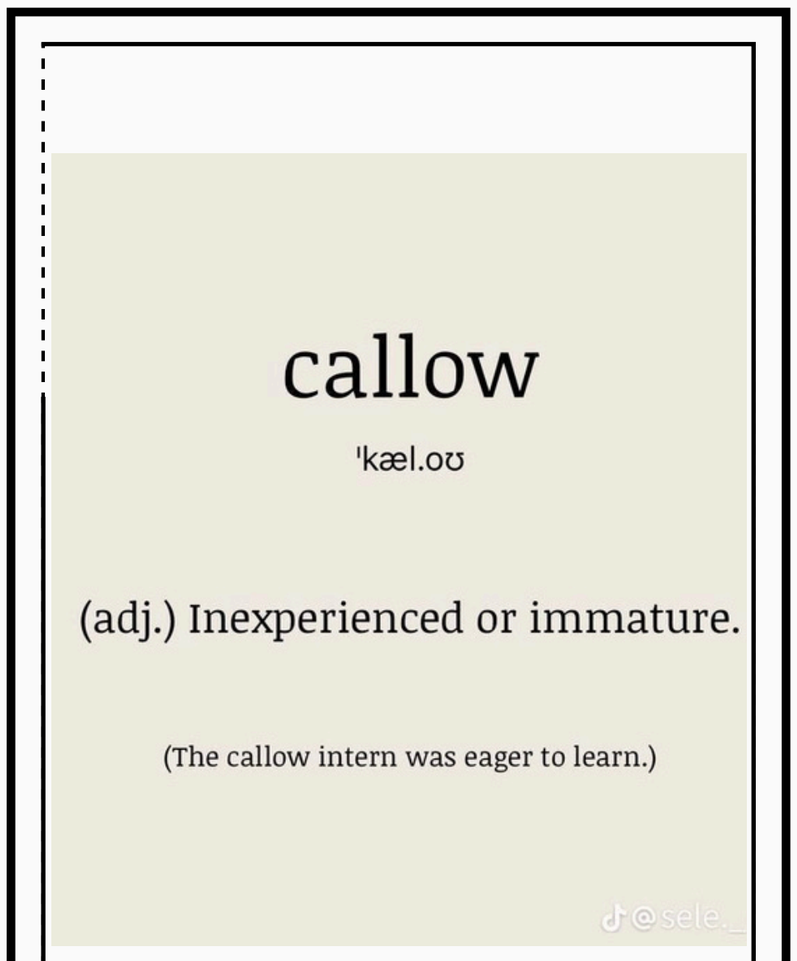


Stillness Is the Key by Ryan Holiday is a powerful and insightful book that explores the importance of finding calm in a fast-paced and distracted world. The author explains how stillness can help us think clearly, manage emotions, make better decisions and remain focused on what truly matters. Drawing from philosophy, history and the experiences of remarkable individuals, Holiday presents practical lessons on developing inner peace and self-control. The book encourages readers to pause, reflect and become comfortable with silence rather than constantly seeking stimulation. Its simple yet profound ideas make it a meaningful read for students, educators and anyone seeking greater balance in life. Stillness Is the Key reminds us that sometimes, the greatest strength lies in slowing down.

THOUGHT OF THE DAY



WORD



EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

14th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Monday

Exam Tips for Every Student

PLAN • PREPARE • PERFORM

Same goals, Bigger dreams!

Do's ✓

- Make a clear study plan and follow it.
- Solve past papers.
- Revise regularly.
- Stay positive and believe in yourself.
- Ask for help when needed.

Don'ts ✗

- Don't study at the last minute.
- Don't compare yourself with others.
- Don't use your phone for non-academic work.
- Don't skip school or classes.

Uniform & I Card

- Wear your proper school uniform.
- Keep your ID card with you at all times.
- It shows discipline and identity.

Look Smart
Feel Confident ☺

How to Prepare

- Understand the concepts, don't just mug up.
- Make short notes for quick revision.
- Practice writing answers within time.
- Solve sample papers and previous years' questions.
- Focus on weak areas and improve step by step.

Diet & Health

- Eat nutritious meals.
- Stay hydrated.
- Include fruits, nuts and home-cooked food.
- Get enough sleep (7–8 hours).
- Avoid junk food & excess caffeine.

Good Food = Good Focus

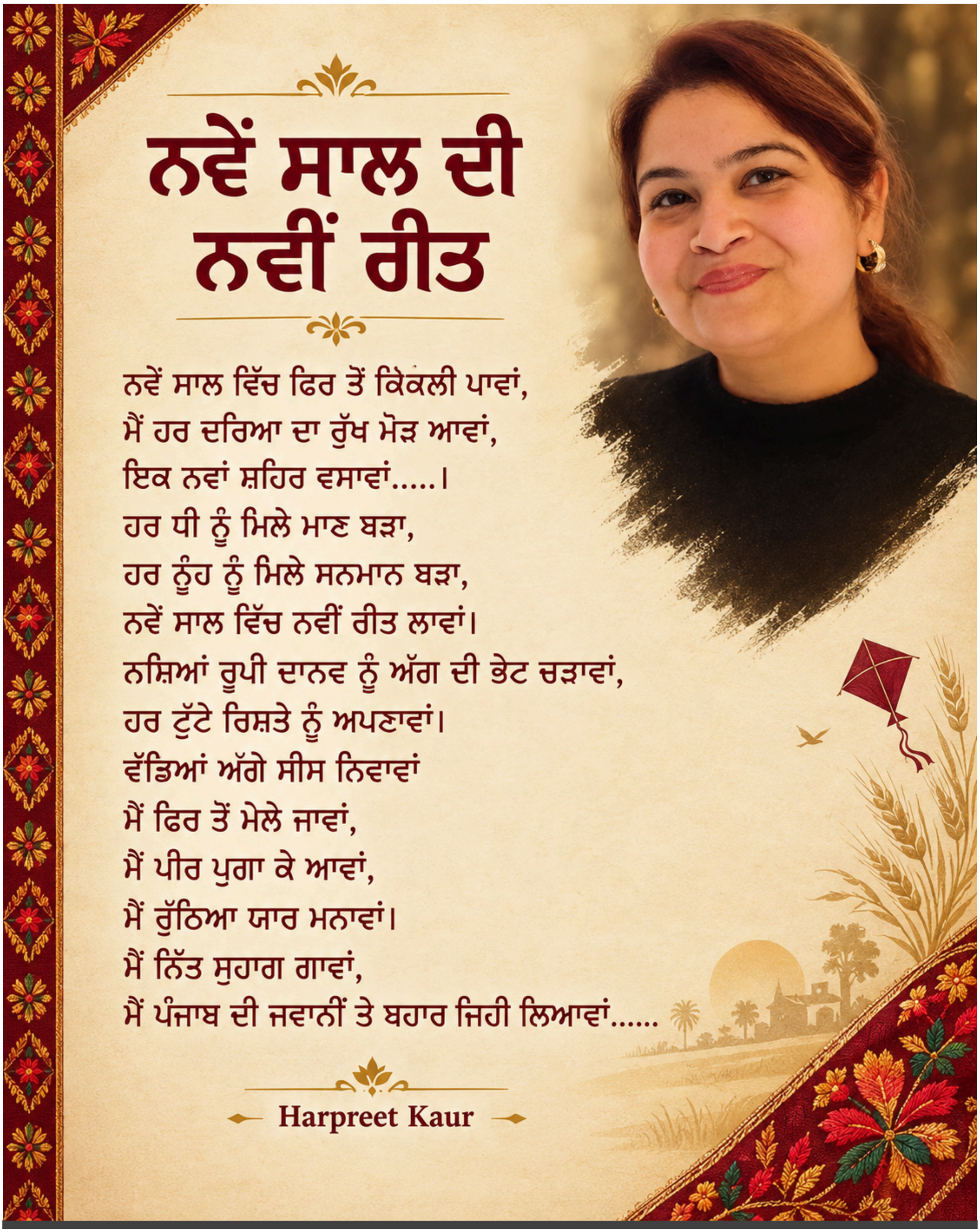
You've got this! ♥

STUDY WELL • STAY HEALTHY • MAKE US PROUD ♥

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

14th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Monday



ਨਵੇਂ ਸਾਲ ਦੀ ਨਵੀਂ ਰੀਤ

ਨਵੇਂ ਸਾਲ ਵਿੱਚ ਫਿਰ ਤੋਂ ਕਿੱਕਲੀ ਪਾਵਾਂ,
ਮੈਂ ਹਰ ਦਰਿਆ ਦਾ ਰੁੱਖ ਮੋੜ ਆਵਾਂ,
ਇਕ ਨਵਾਂ ਸ਼ਹਿਰ ਵਸਾਵਾਂ.....।
ਹਰ ਧੀ ਨੂੰ ਮਿਲੇ ਮਾਣ ਬੜਾ,
ਹਰ ਨੂੰਹ ਨੂੰ ਮਿਲੇ ਸਨਮਾਨ ਬੜਾ,
ਨਵੇਂ ਸਾਲ ਵਿੱਚ ਨਵੀਂ ਰੀਤ ਲਾਵਾਂ।
ਨਸ਼ਿਆਂ ਰੂਪੀ ਦਾਨਵ ਨੂੰ ਅੱਗ ਦੀ ਭੇਟ ਚੜਾਵਾਂ,
ਹਰ ਟੁੱਟੇ ਰਿਸ਼ਤੇ ਨੂੰ ਅਪਣਾਵਾਂ।
ਵੱਡਿਆਂ ਅੱਗੇ ਸੀਸ ਨਿਵਾਵਾਂ
ਮੈਂ ਫਿਰ ਤੋਂ ਮੇਲੇ ਜਾਵਾਂ,
ਮੈਂ ਪੀਰ ਪੁਗਾ ਕੇ ਆਵਾਂ,
ਮੈਂ ਰੁੱਠਿਆ ਯਾਰ ਮਨਾਵਾਂ।
ਮੈਂ ਨਿੱਤ ਸੁਹਾਗ ਗਾਵਾਂ,
ਮੈਂ ਪੰਜਾਬ ਦੀ ਜਵਾਨੀਂ ਤੇ ਬਹਾਰ ਜਿਹੀ ਲਿਆਵਾਂ.....

Harpreet Kaur

BCM SCHOOL

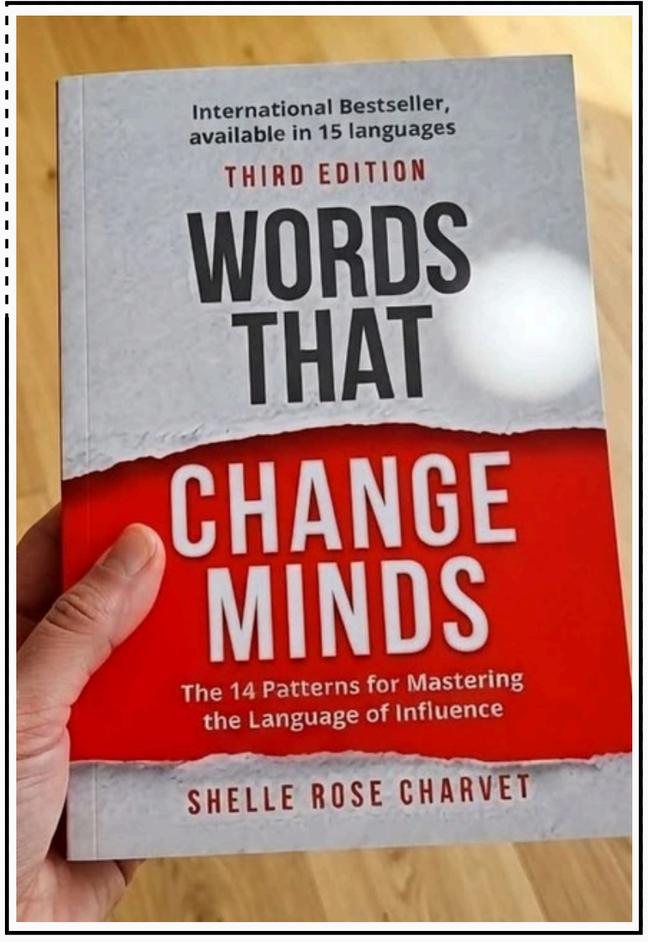
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

14th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Monday

BOOK RECOMMENDATION :

WORDS THAT CHANGE MINDS

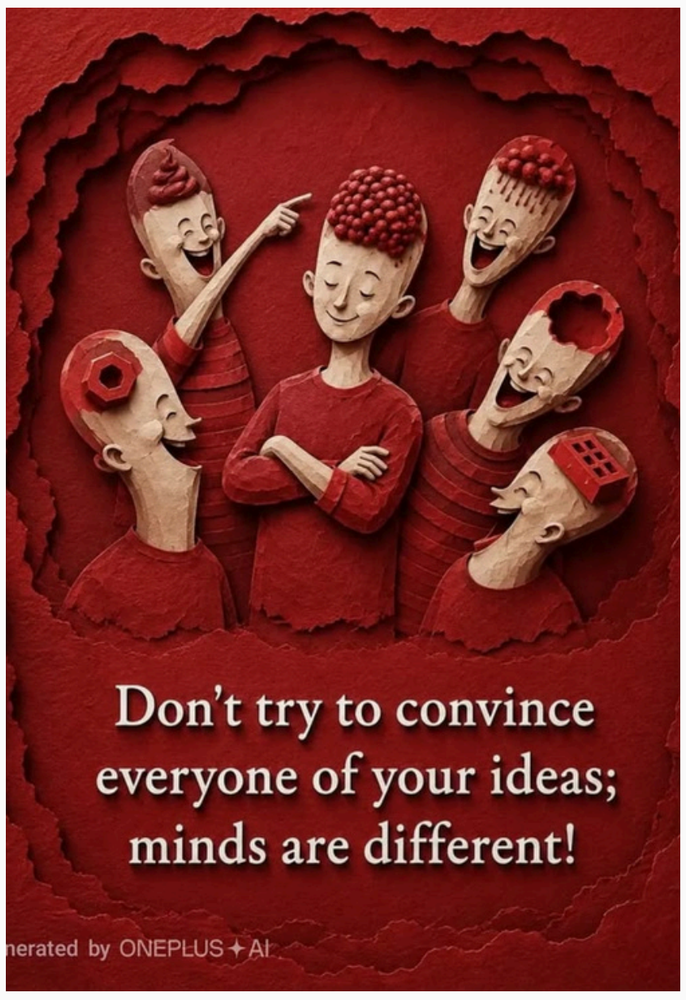


Words have the power to influence thoughts, shape perceptions and transform relationships. Words That Change Minds by Shelle Rose Charvet is an insightful read that explores how language influences human behaviour and decision-making. The book introduces the fascinating concept of Language and Behaviour (LAB) Profile, helping readers understand different communication styles and motivations.

Through practical examples and useful techniques, it encourages readers to become more mindful of their words, listen actively and communicate with greater clarity and empathy. Whether you are a student, educator or professional, this book offers valuable insights into understanding people and building meaningful connections.

A thoughtful recommendation for anyone who wishes to communicate effectively, influence positively and discover the remarkable power of words.

THOUGHT OF THE DAY



WORD

EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

15th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

Give your child the best start for a brighter tomorrow.

BCM SCHOOL

KINDERGARTEN ADMISSIONS OPEN

ONLINE REGISTRATIONS FROM 16TH SEPTEMBER 2026

Age Criteria:
3 years and above
(As on 01st April 2027)

OUR FOUNDATIONAL PILLARS

- Legacy of 23 years of educational excellence.
- A supportive and dynamic learning environment.
- Innovation and creativity at the forefront.
- Regular sports and fitness coaching.
- Emphasis on strong values and character building.
- A commitment for preparing future-ready learners.

CONNECT WITH US:
https://dugri.bcmschools.org
@bcmschooldugri
KG: 62802-83064
MAIN: 97811-98099

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

15th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Tuesday

BCM SCHOOL
BASANT AVENUE, DUGRI ROAD, LUDHIANA
BCM FOUNDATION

THE BCM EDGE

15th Sept' 26 | LEAD360 - EXPLORE, EXPRESS, EXCEL | Tuesday

Top 20 AI Tools Every Teacher & Student Should Use in 2026

AI won't replace teachers, but teachers who use AI will replace those who don't!

Save Time • Work Smarter • Learn Better • Grow Together

Rupampreet kaur
TGT (CSE)

Tool Status Legend:

- FREE (Completely free)
- LIMITED FREE (Basic features free, advanced paid)
- PAID (Subscription required)

Top 20 AI Tools (With Free/Paid Status)

1 ChatGPT
FREE
Lesson plans, worksheets, question papers, explanations & emails.

2 Google Gemini
FREE
Works inside Gmail, Docs, Slides & Drive.

3 Microsoft Copilot
FREE
Creates Word documents, Excel formulas & PowerPoint presentations.

4 Claude AI
FREE
Summarizes long PDFs and writes polished content.

5 Perplexity AI
FREE
AI search engine with cited answers.

6 Canva Magic Studio
LIMITED FREE
Creates posters, certificates, presentations & social media graphics.

7 Gamma AI
LIMITED FREE
Makes beautiful presentations from a simple prompt.

8 NotebookLM
FREE
Upload CBSE notes and get summaries, quizzes & audio explanations.

9 Khanmigo
PAID
AI tutor for maths, science and English.

10 Grammarly
FREE
Improves grammar and professional writing.

11 QuillBot
FREE
Paraphrases and simplifies difficult text.

12 Otter.ai
LIMITED FREE
Converts lectures into notes automatically.

13 ElevenLabs
LIMITED FREE
Creates natural AI voiceovers.

14 HeyGen
LIMITED FREE
Makes AI teacher avatar videos.

15 Runway ML
LIMITED FREE
AI video editing and background removal.

16 OpenAI Sora
PAID
Generates realistic educational videos from text.

17 GitHub Copilot
FREE (Students)
Coding assistant for students learning programming.

18 DeepSeek
FREE
Free AI for maths, coding and reasoning.

19 Adobe Firefly
LIMITED FREE
Creates copyright-safe images and designs.

20 MagicSchool AI
FREE
Rubrics, IEPs, lesson plans, assessment and more – specially for teachers.

Quick Guide - Free vs Paid

Tool	Status	Stoul	Status
ChatGPT	Free	QuillBot	Free
Google Gemini	Free	Otter.ai	Limited Free
Microsoft Copilot	Free	ElevenLabs	Limited Free
Claude AI	Free	HeyGen	Limited Free
Perplexity AI	Free	Runway ML	Paid
Canva Magic Studio	Limited Free	OpenAI Sora	Paid
Gamma AI	Limited Free	GitHub Copilot	Free
NotebookLM	Free	DeepSeek	Free
Khanmigo	Paid	Adobe Firefly	Limited Free
Grammarly	Free	MagicSchool AI	Free

Hidden Gems Most Teachers Don't Know

- **Google AI Studio** — Free Gemini with advanced features.
- **Napkin AI** — Turns text into professional diagrams.
- **Creates English teaching activities instantly.**
- **Curipod** — Interactive classrooms quizzes
- **Eduaide** — Differentiated assignments for different learners.

Why Use AI in Education?

- Saves time and reduces workload.
- Creates personalized learning.
- Improves engagement & creativity.
- Supports different learning styles.
- Builds 21st century skills.
- Helps in research and content creation.

Smarter Tools
Happier Classrooms
Brighter Futures

The Future of Education is AI-Powered!

Rupampreet kaur
TGT (CSE)

Explore • Learn • Create • Achieve
Together, Teachers & Students Can Do More!

BCM SCHOOL

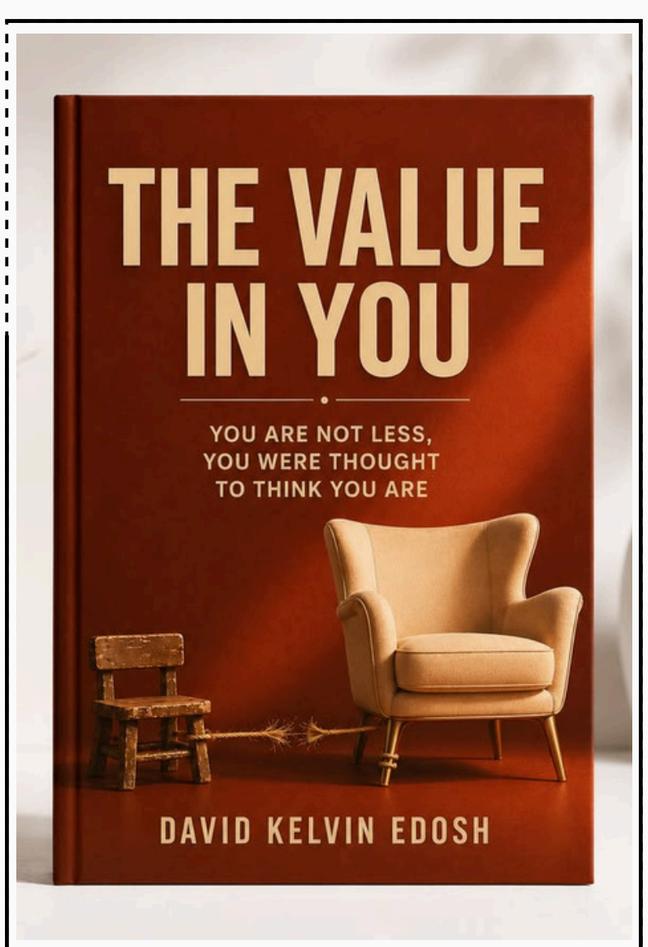
BASANT AVENUE, DUGRI ROAD, LUDHIANA

THE BCM EDGE

15th Sept' 26 LEAD360 - EXPLORE, EXPRESS, EXCEL Tuesday

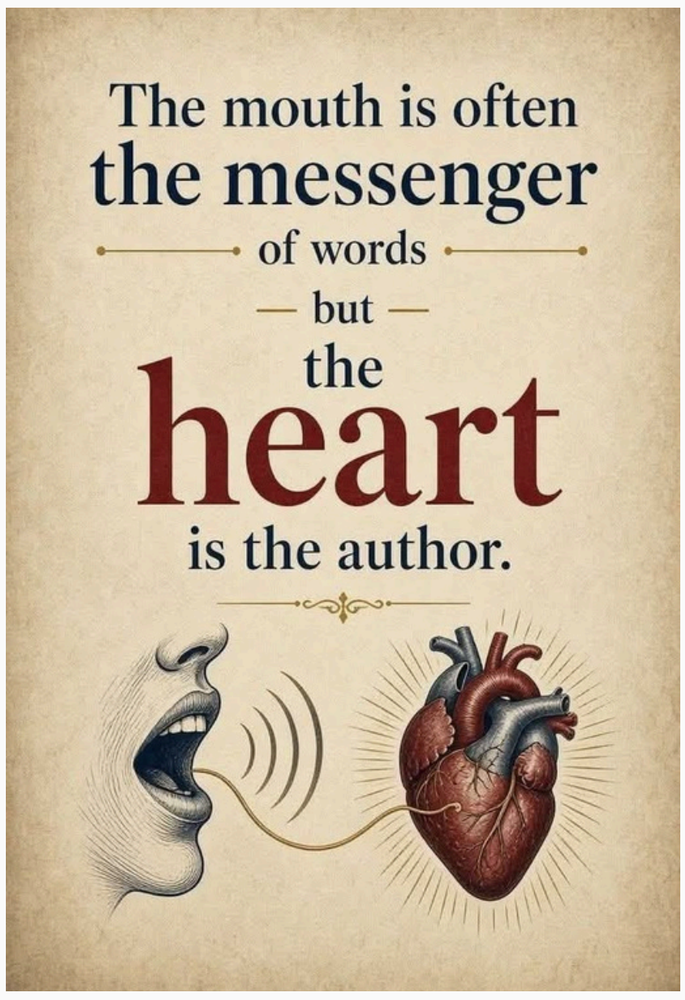
BOOK RECOMMENDATION :

THE VALUE IN YOU



The Value in You is an inspiring read that encourages readers to recognise their inherent worth, unique strengths and untapped potential. The book reminds us that our value is not determined by achievements, social approval, possessions or comparisons with others. Instead, it lies in the qualities, experiences and abilities that make each individual unique. Its message is especially relevant in a world where people often measure themselves through external validation. With an uplifting approach, the book inspires readers to overcome self-doubt, embrace their individuality and invest in personal growth. A meaningful recommendation for anyone seeking greater self-belief, purpose and confidence.

THOUGHT OF THE DAY



WORD

EDITOR & CREATIVE LEAD: MS. SANSKRITI VERMA (OUTREACH & MEDIA)